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ATSC Recommended Practice: Techniques for Establishing and Maintaining Audio Loudness for Digital Television

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ATSC Recommended Practice: **Techniques for Establishing and Maintaining Audio Loudness for Digital Television**

1 SCOPE

This ATSC Recommended Practice (RP) provides guidance to broadcasters and creators of audio for ATSC high-definition (HD) or standard-definition (SD) television content. It recommends production, distribution, and transmission practices needed to provide the highest quality audio soundtracks to the digital television audience.

This RP focuses on audio measurement, production, and postproduction monitoring techniques, and methods to effectively control loudness for content delivery or exchange. It recommends methods to effectively control program-to-interstitial loudness, discusses metadata systems and use, and describes modern dynamic range control. This RP also includes specific information on loudness management at the boundaries of programs and interstitial content.

In addition, the RP includes two Annexes which can function as short stand-alone “Quick Reference Guides” to two specific communities of interest: station/MVPD engineers, and audio production staff.

1.1 Background and Introduction

Despite the conclusion of the DTV transition, many broadcasters and the production community have been slow to effectively adapt to the changes required to transition from analog NTSC audio techniques to contemporary digital audio practices. With digital television’s expanded aural dynamic range (over 100 dB) comes the opportunity for excessive variation in content when DTV loudness is not managed properly.

Consumers do not expect large changes in audio loudness from program to interstitials and from channel to channel. Inappropriate use of the available wide dynamic range has led to complaints from consumers and the need to keep their remote controls at hand to adjust the volume for their own listening comfort.

The NTSC analog television system uses conventional audio dynamic range processing at various stages of the signal path to manage audio loudness for broadcasts. This practice compensates for limitations in the dynamic range of analog equipment and controls the various loudness levels of audio received from suppliers. It also helps smooth the loudness of program-to-interstitial transitions. Though simple and effective, this practice permanently reduces dynamic range and changes the audio before it reaches the audience. It modifies the characteristics of the original sound, altering it from what the program provider intended, to fit within the limitations of the analog system.

The AC-3 audio system defined in the ATSC Digital Television Standard uses metadata or “data about the data” to control loudness and other audio parameters more effectively without permanently altering the dynamic range of the content. The content provider or DTV operator encodes metadata along with the audio content. From the audience’s perspective, the Dialog Normalization (*dialognorm*) metadata parameter sets different content to a uniform loudness transparently. It achieves results similar to a viewer using a remote control to set a comfortable

volume between disparate TV programs, commercials, and channel changing transitions. The dialnorm and other metadata parameters are integral to the AC-3 audio bit stream.

ATSC document A/53 Part 5:2007 [1], which the FCC has incorporated into its Rules by reference, mandates the carriage of dialnorm and correctly set dialnorm values.

The industry has recognized that a new proficiency in loudness measurement, production monitoring, metadata usage, and contemporary dynamic range practices is critical for meeting the expectations of the content supplier, the broadcaster, the audience, and governing bodies.

This document provides technical recommendations and information concerning:

- Loudness measurement using the ITU-R BS.1770 recommendation.
- Target loudness for content exchange without metadata.
- The set up of reference monitoring environments when producing for the expanded range of digital television, with consideration for multiple listening environments in the home.
- Provides methods to effectively control program-to-interstitial loudness.
- Effective uses of audio metadata for production, distribution, and transmission of digital content.
- Dynamic range control within AC-3 audio and contemporary conventional dynamic range control as an addition or alternative, including recommendations for loudness and dynamics management at the boundaries of programs and interstitial content.

1.2 Organization

This document is organized as follows:

- **Section 1** – Outlines the scope of this document and provides a general introduction.
- **Section 2** – Lists references and applicable documents.
- **Section 3** – Provides a definition of terms, acronyms, and abbreviations for this document.
- **Section 4** – Explains the technical background of the AC-3 multichannel audio system.
- **Section 5** – Explains audio loudness measurement based on techniques defined by ITU-R Recommendation BS.1770.
- **Section 6** – Makes recommendations for exchange of content without metadata.
- **Section 7** – Provide guidelines for the practical use of agile and fixed metadata within production, distribution, and transmission environments.
- **Section 8** – Describes methods to effectively control program-to-interstitial loudness.
- **Section 9** – Examines key issues relating to Dynamic Range Control (DRC).
- **Section 10** – Specifies the setup of sound systems for digital television including the alignment of control room monitor systems to a reference sound pressure level.
- **Annex A** – Program loudness: provides background on the BS.1770 loudness and true-peak measurement algorithms.
- **Annex B** –Room acoustics and loudspeaker placement: discusses basic principles of control room monitoring.
- **Annex C** –Room correction: examines issues relating to the interaction of sound from loudspeakers and the room.
- **Annex D** – Quick Reference Guide for setting the acoustical sound level reference for TV monitoring rooms.

- **Annex E** – Loudness ranges: examines the range of loudness within which a listener will accept loudness changes within and between content items.
- **Annex F** – AC-3 Dynamic Range Control details.
- **Annex G** – AC-3 metadata parameters.
- **Annex H** – Quick Reference Guide for station and MVPD engineers for loudness management by stations and MVPD operators.
- **Annex I** – Quick Reference Guide for audio mixers creating content (commercials and programs).

2 REFERENCES

At the time of publication, the editions indicated below were valid. All standards are subject to revision, and parties to agreement based on this document are encouraged to investigate the possibility of applying the most recent editions of the documents listed below.

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3 DEFINITION OF TERMS

With respect to definition of terms, abbreviations, and units, the practice of the Institute of Electrical and Electronics Engineers (IEEE) as outlined in the Institute’s published standards [2] are used. Where an abbreviation is not covered by IEEE practice or industry practice differs from IEEE practice, the abbreviation in question will be described in Section 3.3 of this document.

3.1 Compliance Notation

Descriptions of ATSC document types can be found in the ATSC Bylaws (B/2). Definitions of acceptable conformance terminology can be found in the ATSC Procedures for Technology and Standards Group Operation (B/3).

As an additional aid to readers, critical recommendations in this document are noted by the graphic .

3.2 Treatment of Syntactic Elements

This document contains symbolic references to syntactic elements used in the audio, video, and transport coding subsystems. These references are typographically distinguished by the use of a different font (e.g., *restricted*), may contain the underscore character (e.g., `sequence_end_code`) and may consist of character strings that are not English words (e.g., `dynrng`).

3.3 Acronyms and Abbreviation

The following acronyms and abbreviations are used within this document.

AC-3 – Digital Audio Compression Standard (AC-3, E-AC-3), as described in ATSC A/52B [4]

ATSC – Advanced Television Systems Committee

dB – decibel

dB FS – decibels, relative to full scale sine wave (per AES17 [21])

dB TP – decibels, true-peak relative to full-scale (per ITU-R BS.1770 Annex 2 [3])

DRC – dynamic range control

GPI – general purpose interface

LKFS – loudness, K-weighted, relative to full scale, measured with equipment that implements the algorithm specified by ITU-R BS.1770 [3]. A unit of LKFS is equivalent to a decibel.

ITU – International Telecommunication Union

MVPD - multichannel video programming distributor (includes DBS service operators, local cable system operators, and cable multiple system operators)

SPL – sound pressure level in decibels referenced to $20 \mu\text{N}/\text{m}^2$

VU – volume unit [5]

PPM – peak program meter

3.4 Terms

The following terms are used within this document.

Anchor Element – The perceptual loudness reference point or element around which other elements are balanced in producing the final mix of the content, or that a reasonable viewer would focus on when setting the volume control.

BS.1770 – Formally ITU-R BS.1770 [3]. This specifies an algorithm that provides a numerical value indicative of the perceived loudness of the content that is measured. Loudness meters and measurement tools which have implemented the BS.1770 algorithm will report loudness in units of “LKFS”.

Content – Material or essence used for distribution by an operator.

Dialog Level – The loudness, in LKFS units, of the Anchor Element¹.

dialnorm – An AC-3 metadata parameter, numerically equal to the absolute value of the Dialog Level, carried in the AC-3 bit stream. This unsigned 5-bit code indicates how far the average Dialog Level is below 0 LKFS. Valid values are 1 – 31. The value of 0 is reserved. The values of 1 to 31 are interpreted as –1 to –31. The decoder applies an amount of gain reduction equal to the difference between –31 and the dialnorm value.

Dolby E – Dolby E is an audio data-rate reduction technology designed for use in contribution and distribution, which also conveys Dolby E metadata.

Dolby E metadata - Metadata that is multiplexed into the Dolby E bitstream. Each metadata element is classified as either a Professional or Consumer type of metadata. Dolby E metadata is documented in SMPTE RDD 6 [22].

DRC Profile – A collection of parameters that describe how dynamic range control metadata is calculated.

file-based scaling device – A device used to apply an overall gain correction to audio content stored as files.

framesync – Short term for “frame synchronizer.”

layback – A post-production technique where audio is re-joined with the associated video after editing, mixing, or “sweetening”.

long form content – Show or program related material or essence. The typical duration is greater than approximately two to three minutes.

1. The term “Dialog Level” is based on dialog’s widespread use as the anchor for mixing of content and historically, it was felt that for most programs, dialog would be the Anchor Element.

loudness – A perceptual quantity; the magnitude of the physiological effect produced when a sound stimulates the ear.

measured loudness – The magnitude of an audio signal when measured with equipment that implements the algorithm specified by ITU-R BS.1770 [3]. It is an approximation of perceived loudness.

mixing level – An optional metadata parameter in the AC-3 bit stream that allows indication of the absolute sound pressure level calibration of the mixing studio that produced the content.

Operator – A broadcast network, broadcast station, DBS service, local cable system, or cable multiple system operator (MSO).

short form content – Advertising, commercial, promotional or public service related material or essence. Also termed “interstitial” content. The typical duration is less than approximately two to three minutes.

Target Loudness – A specified value for the Anchor Element (i.e., Dialog Level), established to facilitate content exchange from a supplier to an operator.

true peak – The maximum absolute level of the signal waveform in the continuous time domain, measured per ITU-R BS.1770 [3]. Its units are dB TP (meaning decibels relative to nominal 100%, true-peak).

4 THE AC-3 MULTICHANNEL AUDIO SYSTEM

The ATSC AC-3 audio system is intended to deliver a reproduction of the original (unprocessed) content at the output of the AC-3 decoder in a receiver, normalized to a uniform loudness. It provides the ability for broadcasters to allow each listener the freedom to exert some control over the degree of dynamic range reduction, if any, that best suits their listening conditions. The dynamic range processing part of the system is described in Section 9, but its operation is predicated on having properly normalized content delivered to it.

The metadata parameter `dialnorm` is transmitted to the AC-3 decoder along with the encoded audio. The value of the `dialnorm` parameter indicates the loudness of the Anchor Element of the content. The `dialnorm` value of a very loud program might be 12, and of a soft one, 27. There is an attenuator at the output of the AC-3 decoder that applies appropriate attenuation to normalize the content loudness to -31 LKFS.

If the `dialnorm` parameter accurately reflects the overall loudness of the content, then listeners will be able to set their “volume” controls to their preferred listening (loudness) level and will not have to change the volume when the audio changes from program to advertisement and back again. If all broadcasters use the system properly, the loudness will also be consistent across channels.

Section 7 describes three methods of using audio metadata: Fixed, Preset, and Agile. Any one of these approaches will deliver consistent loudness to the listeners; the broadcaster is free to use the method that best suits their operational practices. Whichever approach is selected, the system depends on transmitting a value of `dialnorm` that correctly represents the Dialog Level of the content, which depends in turn on accurate loudness measurements.

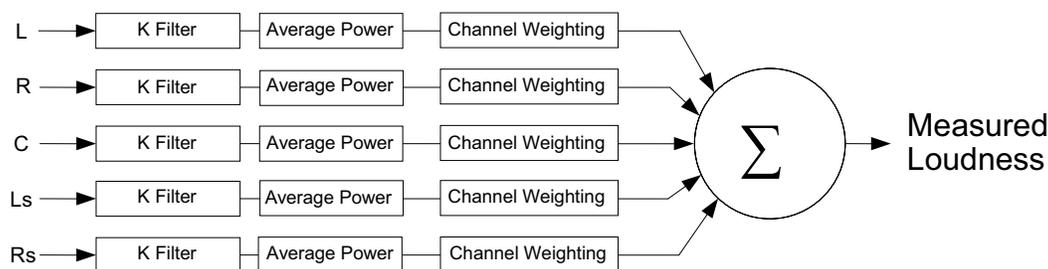


Figure 5.1 ITU-R BS.1770 loudness algorithm.

5 LOUDNESS MEASUREMENT

Because loudness is a subjective phenomenon, human hearing is the best judge of loudness. When combined with a known mixing environment, such as that described in Section 10 of this RP, experienced audio mixers using their sense of hearing can produce well-balanced program sound (content) with remarkably consistent loudness. If all programs and commercials were produced with consistent loudness, and if the loudness of the mix is preserved through the production, distribution, and delivery chain, listeners would not be subjected to annoying changes in loudness within and between programs.

When measuring audio signals, there are two key parameters of interest: the true peak level of the signal and its loudness. The true peak measurement enables the mixer to protect the program from clipping, and the loudness measurement allows the mixer to protect the listener from annoying variations in loudness. Although the mixer balances a mix using his or her ears, an objective loudness measurement helps to maintain consistent loudness within and between programs.

The familiar VU and PPM meters measure neither the loudness nor the true peak levels of the signal. The characteristics of many of the common “electronic” meters available are unknown, and contribute to the inconsistent and confusing situation found in practice today.

This RP provides guidance that, if followed, will result in consistency in loudness and avoidance of signal clipping. The specified measurement techniques are based on the loudness and true peak measurements defined by ITU-R Recommendation BS.1770 – “Algorithms to measure audio programme loudness and true-peak audio level” [3]. The details of both measurements are in Annex A.

5.1 Overview of the ITU-R BS.1770 Loudness Measurement Method

Loudness is measured by integrating the weighted power of the audio signals in all channels over the duration of the content. The general structure of the algorithm is shown in Figure 5.1.²

The BS.1770 method was validated in listening tests by comparing its results to the relative subjective loudness of mono, stereo, and multichannel program material. Measured loudness is reported as LKFS. A unit of LKFS is the same measure as a decibel. A –15 LKFS program can be made to match the loudness of a quieter –22 LKFS program by attenuating it by 7 dB.

2. Note: The Low Frequency Effects (LFE) channel in the loudness measurement is not currently included in the ITU-R BS.1770 algorithm. Users of this RP should apply the current version of ITU-R BS.1770.

The loudness of the Anchor Element (often dialog) of the mix is used as the proxy for the overall loudness of the content. Accurate measurement of the loudness of the Anchor Element (Dialog Level) is necessary to allow operators to deliver content to listeners at consistent loudness levels.

Complete details of loudness and true peak measurement methods are given in Annex A.

5.2 Making Loudness Measurements

The ATSC Digital Television Standard, A/53, mandates that a properly set value for dialnorm be present in the AC-3 elementary stream. For content with audio spanning a range of loudness, the intent is that the dialnorm parameter value reflects the loudness for the prevalent Anchor Element (typically the dialog of the program).

If dialog is not the Anchor Element of the content (e.g., a music program), then the loudness of the element of the sound mix that a reasonable viewer would focus on when setting their volume control should be measured and reported as the Dialog Level of the content.

When it is not possible or practical to focus the measurement on the Anchor Element, a long-term integrated measurement of the loudness of all elements of the soundtrack should be performed. ☑

Because the measurement of loudness per BS.1770 is an integrated measurement, quiet passages tend to lower the measured value. To avoid this, the integration may be paused during quiet passages. Automatic triggering, hold and resume, generally called “gating”, is being studied by some organizations including the ITU-R, and gating may be added to BS.1770 in the future. Some equipment may offer gating as a feature. As yet, there are no standards for gated loudness measurements. Users should utilize the current version of BS.1770 for measurements.

5.2.1 Measurement During Production or Post-Production

During the production or post-production process, it is generally possible to identify and accurately measure the loudness of the Anchor Element (typically dialog) of the program sound mix. A representative sample of the anchor should be measured using a BS.1770 measurement [3]. If the Anchor Element cannot be identified and measured on its own, then the long term loudness of all elements of the soundtrack, over the entire duration, should be measured and reported as the Dialog Level. ☑

5.2.2 Measurement During Real Time Production (Live Event)

The intent of loudness measurements made during a live event is to guide the mixer to produce the content at a predetermined or Target Loudness. The principle of measuring the loudness of the Anchor Element of the content also applies to live productions but is done in real time as the production progresses. ☑

Some BS.1770 loudness meters offer a sliding window or moving average measurement mode that indicates the loudness of a prior segment (typically 3 to 10 sec) of the program sound. Other implementations may use some kind of graphical representation of BS.1770 based loudness to complement a simple loudness figure. Such modes should be used to help guide the mixer to the Target Loudness. These measurements are particularly useful when mixing in noisy locations, or when a consistent monitor level cannot be maintained.

The sliding window measurement will be affected by quiet periods that are an appreciable fraction of the window duration, so the technique should be used with care.

A running measurement of the production loudness from its start to any point thereafter may also provide an indication of the average loudness of the production.

5.2.3 Measurement of Finished Long Form Content

It may be difficult to identify and measure the loudness of the Anchor Element within a finished program. If possible, a section of the content that is representative of the Anchor Element should be isolated and measured. In the absence of a specific Anchor Element, the loudness of the element of the content that a reasonable viewer would focus on when setting the volume control should be measured. If neither technique is possible or practical, the loudness of all the elements of the content should be measured.

5.2.4 Measurement of Short Form Content

Sound mixers of short form content should follow the practice for production/post-production as outlined in Section 5.2.1. In general however, operators do not have access to short form content during production, and the Anchor Element is rarely isolated. It is most practical therefore to measure the long-term loudness of all the elements of the soundtrack, for the duration of the short form content.

5.2.5 File-Based Measurement

The measurement methods described above also apply to content that exists as digital files. In addition, file based storage makes it practical to automate the loudness measurements and to examine the dialnorm value (if any) that may have been assigned to the content. The content's loudness may be adjusted, if necessary, to the desired or Target Loudness value by applying an overall gain correction³, or the dialnorm value may be re-written to match the measured loudness of the content

6 TARGET LOUDNESS AND TRUE PEAK LEVELS FOR CONTENT DELIVERY OR EXCHANGE

For delivery or exchange of content without metadata (and where there is no prior arrangement by the parties regarding loudness), the Target Loudness value should be -24 LKFS. Minor measurement variations of up to approximately ± 2 dB about this value are anticipated, due to measurement uncertainty, and are acceptable (due to the comfort zone — see Annex E). Content loudness should *not* be targeted to the high or low side of this range. The true-peak level should be kept below -2 dB TP in order to provide headroom to avoid potential clipping due to downstream processing (such as audio coding used in delivery).

7 METADATA MANAGEMENT CONSIDERATIONS IMPACTING AUDIO LOUDNESS

An AC-3 encoder allows the setting of up to 28 metadata parameters concerning the characteristics of the accompanying audio in the bit stream (see Annex G). The parameters can be classified in three groups:

Informational metadata, which includes seven optional parameters that can be used to describe the encoded audio. These parameters have no affect on encoding or the decoded listening experience in the home.

3. If the content is stored in rate reduced (coded) format, it may be necessary to decode the content, alter its level, and then re-encode the content.

Basic control metadata, which includes 19 parameters that determine the dynamic range compression, down-mixing, matrix decoding, and filtering used in certain operating modes of the professional encoder and consumer decoder. Optimizing the setting of these parameters for each program may enhance the listening experience under varying listening conditions and with certain content types. However, default values may be used without detriment to the listening experience.

Critical control metadata, which includes two parameters that are critical for proper encoding and decoding:

- **Channel mode** (*acmod*), which should be chosen correctly to engage proper channel formatting in the decoder to match the content. Improper use of this parameter may alter a transmission and cause the loss of dialog when encoding a 5.1 program; e.g., encoding a 5.1 channel soundtrack with 2/0 metadata.
- **Dialog level** (*dialnorm*), which A/53 requires to be set correctly to prevent (potentially severe) loudness variation during content transitions on a channel and when channel changing across the DTV dial. Incorrect *dialnorm* values can lead to a variation in loudness as large as 30 dB.

Apart from the *dialnorm* parameter, default values may be used for most of the other metadata parameters with acceptable results. Once mixers and producers become more familiar with these parameters by monitoring using available emulation systems, they can select values that further optimize the presentation of their program content.

7.1 Importance of *dialnorm*

Carriage of and correct setting of the value of *dialnorm* is mandatory for DTV broadcasting in the U.S., see 47 C.F.R. Section 73.682(d), incorporating by reference ATSC A/53 Part 5:2007 Section 5.5, “Dialogue Level” [1].

This RP identifies methods to ensure consistent digital television loudness through the proper use of *dialnorm* metadata for all content, and thus comply with A/53. Many of the principles for successful management of *dialnorm* may also apply to the management of other AC-3 metadata parameters.

As indicated in Section 6, minor measurement variations of up to approximately ± 2 dB are anticipated, and these may lead to minor variations between the value of *dialnorm* and the actual program loudness. These minor variations are acceptable (due to the comfort zone – see Annex E); however, operators should *not* intentionally operate at the high or low side of this range.

7.2 Metadata Management Modes

The requirement for accurate *dialnorm*, channel mode (*acmod*), and other metadata can be met in three different ways, at the discretion of the operator:

- **Fixed metadata:** The AC-3 encoder Dialog Level is “fixed” to a single value and the content Dialog Levels are conformed to that setting.
- **Preset metadata:** AC-3 encoder “presets” are programmed, each with different *dialnorm* values and engaged via a “General Purpose Interface” (GPI) or other control interface.
- **Agile metadata:** The AC-3 encoder is configured to receive external metadata. An upstream “agile” *dialnorm* metadata system may be used to deliver dynamically changing

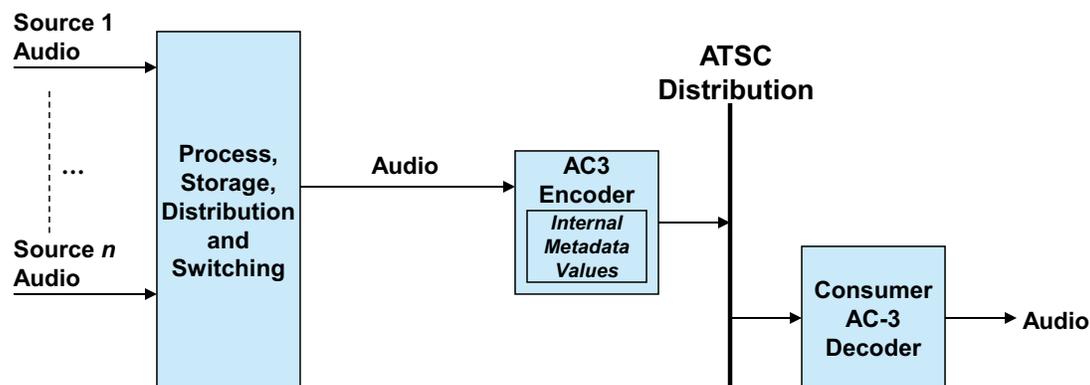


Figure 7.1 Fixed metadata concept.

dialnorm values to the encoder, corresponding to the changing loudness at the content boundaries.

When managed properly, all three methods provide a compliant and acceptable end result for the consumer. The majority of the discussion in this section of this RP focuses on the dialnorm parameter. Readers are encouraged to refer to Annex G and to research information on how the remaining metadata parameters may impact coding.

It is also possible for the operator to apply a hybrid approach, choosing one of the methods for loudness management and a different method for the remainder of the metadata: e.g., maintaining a fixed dialnorm value but switching channel mode as required.

7.3 Using Fixed dialnorm Metadata

The concept of fixed dialnorm is simply to “fix” the AC-3 encoder dialnorm setting to a single value within a network or broadcast system and to bring the loudness of the encoder audio input signal into conformance with this setting. The operator can choose any dialnorm value from 31 to 1; however, compliance with A/53 requires the operator to employ a value equal to the average dialog loudness of all content. See Figure 7.1.

7.3.1 Setting dialnorm by Long-Term Averaging Method

An operator can achieve a first-approximation of compliance with A/53 by measuring the long-term average loudness of the station output, and setting the AC-3 encoder dialnorm parameter equal to this value. The averaging period should be chosen to include all types of content. If the Dialog Level of individual pieces of content deviate significantly from that long-term average, the dialnorm parameter will not properly reflect the Dialog Level of that content. This situation should be addressed by the program originator or operator and corrected (see Sections 7.3.2 and 7.3.3). This method may not apply to operators using content with intentionally wide dynamic range..

7.3.2 Setting dialnorm for Production

A content delivery specification should specify the Target Loudness for all content. This establishes the anchor for layering of music and effects for the soundtrack. Loudness should be measured with a meter using the ITU-R BS.1770 recommendation [3] to confirm the average loudness of dialog. The supplier should indicate the actual average loudness with the deliverable.

Cooperation between content supplier and recipient is necessary to achieve successful loudness management when implementing this practice.

7.3.3 Content Not Conforming to the Target Loudness

If the operator needs to make use of content not conforming to the established Target Loudness value, an offsetting gain or loss will need to be inserted to compensate. If the difference is unknown, it will be necessary to measure the content loudness before compensation is applied.

7.3.4 dialnorm and Loudness Quality Control

To ensure the proper match between dialnorm value and loudness, the operator should make use of loudness metering during quality control, and when necessary make compensating adjustments to ensure the loudness meets the target value.

7.3.5 Emission dialnorm Setting for Compliance with A/53

An operator receiving content that is delivered at a fixed loudness, where there is no gain adjustment or processing after the receiver, should set the value of dialnorm in the emission AC-3 encoder to match the originator's specified loudness (often specified in contract, signal specification document, etc.). If a fixed gain or loss is applied in the signal chain, the AC-3 encoder dialnorm value should be offset accordingly from the originator's loudness.

For example, if the originator delivers audio with a loudness of -24 LKFS and no gain or loss is incurred in the chain, dialnorm would be set at 24^4 . However, if a gain of 3 dB is added, corresponding to a loudness of -21 LKFS, dialnorm would be set to 21. If instead a loss of 2 dB is introduced, corresponding to a loudness of -26 LKFS, dialnorm would be set to 26.

If an audio loudness processor is utilized, the AC-3 encoder dialnorm value should be set to the Dialog Level at the output of the audio processor.

7.3.6 Fixed dialnorm Advantage

A fixed dialnorm system poses minimal risk to the content. Fixed dialnorm has the advantage of simplicity, with no requirement for additional metadata equipment or data management. This approach can be used with every AC-3 encoder and is the only approach possible when using an encoder without metadata input or external GPI control.

7.4 Using Preset dialnorm Metadata

If the operator needs to accommodate a small number of discrete changes to the dialnorm value or other metadata parameters, some AC-3 encoding systems can be configured to change between preset metadata values via external control; e.g., with a contact closure to a GPI. This method requires GPI external triggers for accurate preset signaling from the automation playlist or switcher. It is often used to switch between stereo and 5.1 encoding modes, even when the dialnorm remains fixed at a single value. See Figure 7.2.

7.4.1 Implementation

The implementation of preset metadata is similar to "fixed" metadata. Predetermined preset values are loaded into the AC-3 encoder to accommodate known differences in content loudness. Compliance with A/53 then requires that content be delivered with loudness matching one of the

4. As noted in Section 3.4, dialnorm is expressed as an unsigned integer.

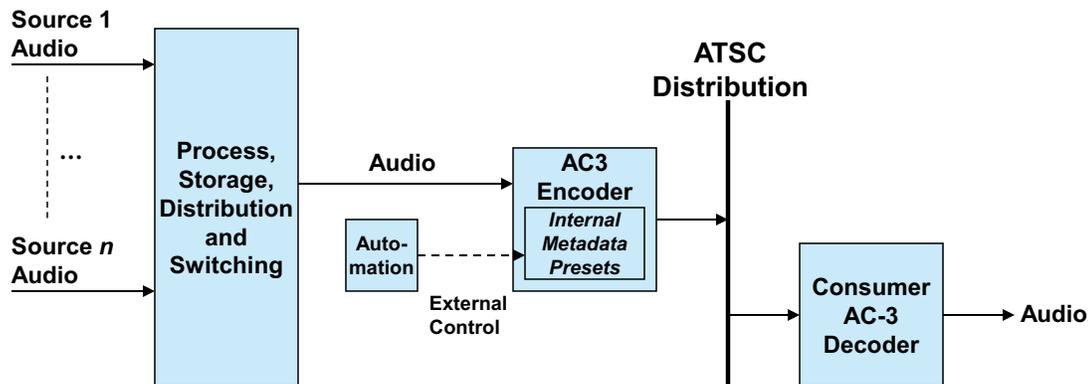


Figure 7.2 The preset metadata concept.

preset values, and that the automation system be programmed to change presets according to different content loudness values and channel modes.

7.4.2 AC-3 Framesync Requirement

Some AC-3 encoders reset and disrupt the audio bit stream output when a preset is changed. Based on the type of ATSC encoder being used, this may result in an audible “glitch” on air. To avoid this potential problem, it may be necessary to provide an AC-3 framesync for the output of the AC-3 encoder to stabilize the AC-3 source for the ATSC encoder.

7.5 Using Agile dialnorm Metadata

An agile metadata system allows setting different dialnorm values for different content that has different loudness. This is accomplished by embedding the dialnorm parameter within the metadata bit stream accompanying the content at an “upstream” location. The metadata is dis-embedded just prior to the AC-3 encoder and connected to its external serial metadata input. The dialnorm setting changes appropriately on boundaries of the content. See Figure 7.3.

7.5.1 System Deployment

When the agile metadata approach is used by a network operator, it will need to be employed throughout the plant of every broadcast station or MVPD head-end that receives content from the network. This requires deployment of complex encoding and decoding equipment at all input, output, monitoring, and processing points in the distribution chain, from the metadata origin through to all AC-3 encoders. It is essential that the agile metadata reach the AC-3 encoder. Several approaches for agile metadata delivery and storage are available, and can be used separately or in combination—the AC-3 metadata (as discussed in Annex G) is a consumer subset of Dolby E metadata, as described in SMPTE RDD 6 [22]. This may be transported over serial data links, as vertical ancillary (VANC) data, or as data carried in compressed bitstreams. It may also be stored in file-based systems.

7.5.1.1 Dolby E Metadata Over Serial Link

Dolby E metadata in its baseband form may be carried via serial links. This approach may require a dedicated serial layer that remains carefully time aligned to the audio and video signals.

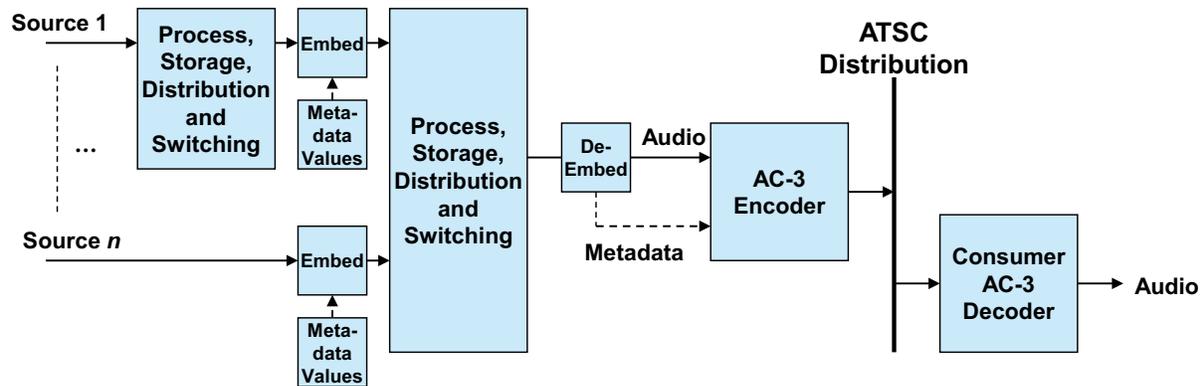


Figure 7.3 The agile metadata concept.

7.5.1.2 Dolby E Metadata in VANC

Dolby E metadata can also be embedded within the VANC of standard- or high-definition serial digital systems and extracted downstream using the SMPTE 2020 [8] standard. This approach may require multiplexers and de-multiplexers, and requires support by video storage, encoding, processing, and distribution equipment with the ability to pass the VANC signal intact. Some storage devices have limited or no VANC capability.

7.5.1.3 Metadata and Codecs

Certain systems used for backhaul, distribution, and storage applications also have the ability to carry Dolby E metadata. These systems include the Dolby E compressed bitstream itself, and proprietary⁵ formats which require specialized audio encoders and decoders. They also may require equipment that can offset video timing to compensate for the encoding and decoding latency introduced. Most professional digital video equipment can be configured to pass these encoded signals through standard digital audio channels that comply with SMPTE 337 [23].

7.5.1.4 File-based Metadata

There are a large number of file-based techniques for storing Dolby E metadata, some of them standardized and some of them proprietary. These are outside the scope of this document.

7.5.2 Production Technique – Live

In live production using an agile metadata approach, the television production mix engineer selects a specific but arbitrary loudness target for each program, with considerations for dynamic range, headroom, and the type and mood of the program. This parameter establishes the loudness anchor for layering of music and effects for the soundtrack. Depending on the deliverable specification, the Target Loudness is either carried in the encoded signal by the value of the dialnorm parameter or communicated to the distributor for subsequent encoding.

7.5.3 Production Technique – Non-Real-Time

With post-produced content using the agile metadata approach, the final mix loudness is determined either during program production or after it is complete. Depending on the deliverable

5. e.g., Linear Acoustic *e-squared* and the Tandberg *Quad Phase Aligned*.

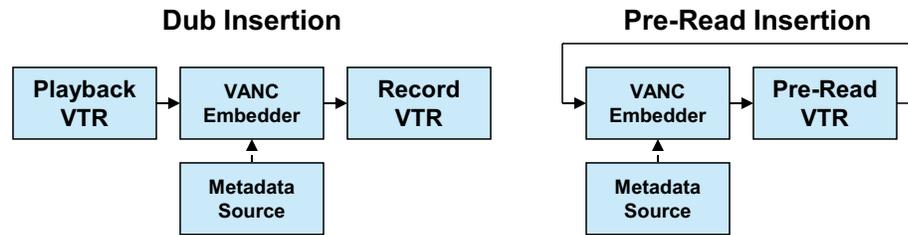


Figure 7.4 Metadata insertion options.

specification, the Target Loudness is either carried in the encoded signal by the value of the dialnorm parameter or communicated to the distributor for subsequent encoding. Insertion in the deliverable can be accomplished through a dubbing process or by making use of the pre-read feature available in some video tape recorders. See Figure 7.4.

7.5.4 Production Monitoring

The soundtrack should be measured using the ITU-R BS.1770 recommendation [3] to confirm that the average loudness for the entire length of the production matches the chosen dialnorm value. (See Section 5.)

7.5.5 Semi-Agile Metadata

An operator may use an agile metadata system but choose to simplify metadata authoring and insertion operations by specifying fixed Target Loudness values to be used by content providers.

7.5.6 Impact of Metadata Loss on Content

A risk associated with the use of an agile metadata system is the potential for a severe discrepancy in loudness between programs and between stations if metadata is lost. All AC-3 encoders with external metadata input provide a “reversion” feature to mitigate the impact of metadata loss. With this feature, the encoder can be configured to either retain the most recent metadata value or revert to an operator-defined preset. While this feature can minimize the impact upon the consumer, the error in loudness or other metadata parameters (such as channel mode) can still be significant. The reversion parameter should be chosen to minimize the impact of metadata loss on the presented content.

7.5.7 Fixed-Agile Hybrid

In some instances, an operator may choose to intentionally use the reversion feature to accommodate content without metadata.

It is critical that operators choose appropriate settings for all metadata parameters of the reversion preset, particularly ensuring that the loudness of the distributed content without metadata matches the pre-determined reversion dialnorm parameter. Reversion may also be used to protect against a loss of metadata recognizing that the reversion metadata parameters may not exactly match that of the content. In the event of a metadata loss, all content being encoded under reversion will be subject to these parameters. It is especially critical that channel mode be set in a fashion to protect all content under any circumstance. The inadvertent use of 2/0 channel mode with 5.1 content will eliminate channels 3 – 6 of the encoded audio and put the content at risk.

7.5.8 Advantages of Agile Metadata

An agile system presents the most flexibility for the content provider without imposing creative limitations.

8 METHODS TO EFFECTIVELY CONTROL PROGRAM-TO-INTERSTITIAL LOUDNESS

The ATSC digital television audio system (AC-3), with its expanded dynamic range and new techniques for managing loudness, presents the possibility of undesirable loudness changes at transitions (to and from various pieces of content) if not managed properly. This condition is known to annoy the audience by frequently forcing the listener to adjust the audio levels at transitions to maintain a comfortable volume. This condition can be alleviated when proper DTV loudness management is applied.

AC-3 incorporates the necessary technology to mitigate variations in loudness during program-to-interstitial transitions. These techniques are described below:

8.1 Effective Solutions

Large loudness variation during transitions can be effectively managed by ensuring dialnorm properly reflects the Dialog Level of all content.

8.1.1 For Operators Using a Fixed dialnorm System (See Section 7.2)

- a) Ensure that all content meets the Target Loudness and that long term loudness matches the dialnorm value.
- b) Employ a file-based scaling device to match long term loudness of non-conformant file-based content to the target value.
- c) Employ a real-time loudness processing device to match the loudness of non-conformant real-time content to the target value.

8.1.2 For Operators Using an Agile dialnorm System (See Section 7.5)

- a) Ensure that during program production, post-production, or ingest, content is measured (see Section 5.2) and labeled with the correct dialnorm value matching the actual loudness of the specific content.
- b) Employ a file-based measurement and authoring device to set dialnorm to the average loudness of the specific content.
- c) Employ a real-time processing device to match content to a specific loudness. Apply a dialnorm value, matching the loudness of all content processed by this device.

8.2 Adverse Conditions

Notable conditions that may adversely impact program to interstitial transitions at content boundaries:

- Content suppliers often increase dramatic impact by using program dynamics and manipulating loudness to achieve a desired audience effect. This is sometimes done at the end of program segments going into a commercial break.
- An extreme variation outside of the comfort zone (see Annex E) may cause a listener to adjust the volume to compensate for the large, temporary change in loudness. When a

scheduled commercial or promo plays going into or out of breaks, the listener may need to readjust the volume yet again, to achieve an acceptable setting for the short form content. This has proven to be an annoyance to the audience.

8.3 Summary Recommendations

Recommendations to lessen the negative impact of loudness variation during program to interstitial transitions include:

- 1) Ensure proper targeted average loudness of content in a fixed metadata system,
or
- 2) Ensure proper dialnorm authoring matching the measured content loudness in an agile metadata system.
- 3) Create awareness with the content supplier concerning the potential overuse of dynamic range and the possibility for listener complaints concerning transitions with large loudness variation:
 - a) Document this condition in any content delivery specifications an operator requires of a supplier:
 - i) Describe negative impact to the audience created by mixing outside of the tolerance of the listener comfort zone (see Annex E) when going into and coming out of breaks.
 - ii) Describe the expected loudness of interstitial material for the program supplier in an effort to create awareness of this situation, possible listener dissatisfaction and potential negative impact on the show.
 - b) Ensure the use of the proper sound pressure level in rooms used to mix and monitor content soundtracks:
 - i) Refer content suppliers to Section 10 of this RP endorsing the use of a suitable SPL monitoring level during content post-production. The selected SPL monitoring level should be appropriate for the size of the mixing room with consideration for the listening environment of the typical DTV audience. Lower SPL monitoring levels in post-production monitoring environments yield louder mixes and more contained, appropriate dynamic range than traditional, louder environments. A properly selected post-production or playback monitoring environment is essential in establishing appropriate mixing levels for digital television.
 - ii) Consider specifying a maximum true peak value for the soundtrack. This practice constrains dynamic range by reducing headroom. It permits the audience to adjust the overall volume level with less risk of large loudness variation.
- 4) The AC-3 DRC system should not be relied upon to control program-to-interstitial loudness variations.

8.4 TV Station and MVPD Local Ad Insertion

In the case of TV station or MVPD insertion of local commercials or segments, the operator should ensure that the Dialog Level of the local insertion matches the dialnorm setting of the inserted audio stream.

If the network originator's feed is decoded to baseband, the loudness of the decoded audio needs to be measured and the value of the re-encoder's AC-3 dialnorm value set to match the

measured loudness for the next stage of encoding. In this case, either the operator modifies the network originator's loudness to match the target value of the operator's system, or the originator's loudness value (as measured) is used to set the dialnorm value in the next stage of AC-3 encoding. At this re-encoding stage it is critical that the other audio metadata parameters are set appropriately and consistently.

9 DYNAMIC RANGE MANAGEMENT

The DTV audio system is capable of delivering very wide dynamic range (the range between the softest and loudest sounds.) Content producers often take advantage of dynamic range as one of the methods to convey artistic intent.

However, there could be a conflict between the desire of the content producer to deliver content with wide dynamic range and the audience who cannot, or choose not to, enjoy the wider dynamic range. This could be caused by the inability of the viewer's equipment to reproduce the desired range of sounds, or the lack of an environment suitable to the enjoyment of the wide dynamic range. Thus the goals of preserving the original dynamic range of the content and satisfying viewers can often be at odds.

A goal of the AC-3 system is to provide content producers with the greatest freedom and flexibility in the choice of DRC when producing content.. The AC-3 system conveys these DRC options to the viewer, where DRC system will interact with the viewer's input in a known and repeatable fashion.

There are several methods for controlling dynamic range. Some methods apply prior to audio encoding, some apply after decoding, and some span both domains:

- 1) One approach is traditional compression and/or limiting where gain control is applied to the audio prior to encoding.
- 2) Another approach is to use the AC-3 coding system which generates gain control words during encoding but does not apply the gain control to the audio until after decoding, allowing a user to optionally choose how much dynamic range they desire.

The primary difference between the two approaches is the AC-3 approach is "reversible" and the other approach is not. A hybrid of the two methods is also possible, allowing for some permanent and some "reversible" processing to be combined in a balance determined by the broadcaster.

9.1 AC-3 Dynamic Range Control System ("Reversible")

To allow the content to be enjoyed by the most viewers in the widest variety of listening environments, a mechanism to optionally restrict the dynamic range of the content is designed into the DTV audio system. In simple terms, the AC-3 Dynamic Range Control (DRC) system can be considered a compressor/limiter that is split in half; the control signal is generated in the encoder and the control signal can be applied in the decoder. With this system, the audio itself is not modified from the original until it reaches the consumer's decoder, so the dynamic range control may be considered "reversible". Details of how DRC works are provided in Annex F.

Metadata is always transmitted as part of the coded audio bit stream. AC-3 encoders require certain metadata parameters to be specifically set. DRC is one of these parameters and dialnorm, or the indicated loudness parameter, is another. While separate from dialnorm, correct operation of the DRC system is very dependent on the proper measurement of content and indication of the loudness of that content. See Section 5 of this document for measurement guidelines.

The DRC system modifies the dynamic range of the decoded content by reducing the level of very loud portions of the content to avoid annoying the viewer and by raising the level of very quiet portions of the content so that they are better adapted to the listening environment. If, however, the viewer has a home theatre or other listening environment that can reproduce the full dynamic range of the content, the viewer can choose to turn off the DRC system, allowing that viewer to enjoy the content exactly as it was originally mixed.

When the DRC system is turned off by the viewer, the dynamic range of the content will be identical to the input to the AC-3 encoder. Because the application of the DRC system is selectable by the viewer, the AC-3 system can provide multiple listening options for the viewer with the ability to accommodate different reproduction systems and listening environments.

9.1.1 Line Mode and RF Mode DRC

In the AC-3 audio encoder, two control signals are calculated by the DRC system:

- 1) One control signal is used to slightly reduce the dynamic range of the content (suitable for directly-connected audio components.)
- 2) The other control signal is used for more aggressive dynamic range control (suitable either for equipment connected with analog RF-modulated signals or for equipment that is otherwise incapable of handling the potential wide dynamic range of the original signal.)

Either control signal will be selected as the default mode by the equipment manufacturer, depending on the design and intended use of the product. For viewers who desire the full dynamic range of the original signal, these control signals could be ignored, resulting in the reproduction of the content exactly as the content producer created it. This method of using separate control and audio signals results in a “reversible” DRC system that is capable of simultaneously satisfying different viewers with different listening environments and situations.

Two types of DRC control signals are calculated because there are two different scenarios where gain reduction/expansion may be desired.

One situation is where a gentle reduction of dynamic range is desired. This is default mode of many devices that use “baseband” analog interconnections (often available on red and white “RCA” connector outputs.) These connections are not a professional interface, but are often an acceptable consumer interface. This DRC control signal is called Line Mode in the encoder control interface in most professional products because it usually refers to the line level interconnection process. The name of this metadata parameter is `dynrng`.

A second, more aggressive DRC control signal is simultaneously calculated. It is designed to be used in products that could be interconnected by an analog RF-modulated signal. The dynamic range of these RF-modulated signals is usually less than signals using the line level interconnection process. RF mode adds 11 dB of signal boost for loudness matching purposes with legacy analog systems. This mode is the default for MVPD set-top boxes as well as TVs with built-in DTV tuners and small built-in speakers. The name of this metadata parameter is `compr`. See CEA-CEB11 [25] for more information about loudness matching recommendations for consumer products. The recommendations in this document and in CEA-CEB11 were coordinated and are complementary.

9.1.2 Monitoring

There are benefits to using a system where the DRC “gain words” (see Annex F) are calculated in the encoder and applied at the decoder. One benefit of this type of system design is that it allows the compressor/limiter functions to be accurately previewed, or emulated, during production, well before the content ever gets encoded. Producers can check content as it is being produced to hear how they will sound using pre-established dynamic range modes.

While the effects of this DRC system will be audible to mixers in a professional monitoring environment, the process should be considered in the context of the typical consumer in a typical home environment, where such gain reduction and expansion are usually not noticeable. In most situations, the effects of Line Mode DRC generally improve the portrayal of the content by better fitting the audio within the reproduction capabilities of the viewer’s equipment and listening space.

9.1.3 Relation to dialnorm

All DRC calculations are relative to and based on the indicated loudness of content as represented by the dialnorm metadata parameter. In other words, the encoder needs to know how loud the content is intended to be so it can determine when the content is either “too loud” or “too quiet.” dialnorm effectively sets this target. Therefore, it is very important that dialnorm accurately indicates the loudness of the content.

dialnorm is also used to set the threshold of a somewhat hidden and inescapable overload protection process designed to protect down-mixed audio from overloading consumer equipment. Overload protection has ballistics appropriate for preventing overload but are far less than ideal for audio quality. It is good practice to avoid overload protection. This can be accomplished by ensuring that the dialnorm parameter accurately reflects the actual loudness of the audio content.

9.1.4 Professional Encoding

In AC-3 encoders, the gain reduction and expansion characteristics of the RF and Line DRC modes are determined by a group of DRC “profiles.” These profiles describe many parameters, including the gain reduction (or “cut”) range, gain expansion (or “boost”) range, and attack and release times. In between these ranges is a linear range (or “null zone”) where no gain reduction or expansion takes place. It is expected that the majority of professionally mixed content will reside within the “null” range, where the content will be delivered exactly as produced, with no additional (or continual) modification. Excursions beyond this null band might be to convey a specific artistic intent. Note that the dialnorm parameter determines the position of this null band, so again, it is essential that the dialnorm parameter accurately indicate the loudness of the content.

There are five profiles defined in the AC-3 encoder. The profiles are:

- Music Light
- Music Standard
- Film Light
- Film Standard
- Speech

The differences between Music and Film DRC choices may be subtle to a typical listener but one or the other may be better applicable to certain types of content. This can be best determined by monitoring with an appropriate emulator. The “Light” versions of the profiles have a much wider null area. Thus, gain reduction or expansion begins farther away from average program

audio, resulting in less gain reduction or expansion than with the “Standard” version of the profile.

The Speech profile is, as the name would suggest, intended for programs that contain only speech (a “talk radio” format, for example). This profile might introduce noticeable DRC artifacts on programs with music and effects. Please refer to Annex F for more information about the DRC profiles.

9.1.5 AC-3 DRC: Choosing “None”

There is also a choice called “None” that does not select one of the named DRC profiles. The selection of “None” (by the operator) inhibits the generation of DRC control words.

“None” is an acceptable choice as long as the ramifications of not choosing a DRC profile are understood:

- The reversibility feature of the DRC system will not be available to the consumer.
- Selecting “None” prevents the viewer from selecting a DRC choice or enabling features such as “Late Night” or “Midnight,” in some consumer equipment that use the RF DRC mode.
- Dynamic range should be controlled in another fashion by the operator or by the program originator.
- There is a possibility that DTV sets with limited volume capacity will exceed their reproduction range.
- The RF mode DRC control words are also used for protection limiting. Protection limiting prevents clipping in consumer decoders, which could result from an inappropriate dialnorm setting combined with very dynamic programming. Choosing “None” will not prevent the generation of protection limiting DRC control words, which are very aggressive and not very artistic. The protection limiting process has a very short attack time and a very long release time, and might cause objectionable audible artifacts.
- Systems using ATSC signals as a source for SD distribution (e.g., SD analog cable tiers) will not be able to use the RF mode DRC to establish an acceptable analog SD signal with reduced dynamic range. See ATSC Recommended Practice A/79 [24] for additional guidance.

In order for the AC-3 dynamic range control system to be functional, a profile other than “None” should be used by operators when appropriate.

9.2 Dynamic Range Processing With Metadata Interface (“Reversible”)

Audio metadata processors have been developed that allow creation of different Line Mode and RF Mode gain values that can be stored in user-defined presets or profiles. Additional processing can be performed in the metadata domain bringing the results much closer to traditional processing but with the benefit of being “reversible.” These technologies operate in tandem with an AC-3 encoder, measuring audio and calculating the gain values, then passing them to the encoder for insertion into the AC-3 bit stream. The application is similar to the original Line and RF features described above but uses different profiles to satisfy different dynamic range processing goals.

These alternative profiles allow for an adjustable ratio of permanent DRC processing versus metadata DRC processing. At one end of adjustment, permanent multiband audio processing is

applied to the audio after it is first pre-conditioned by applied metadata to minimize the degree of permanent processing that might be required.

The resulting audio is AC-3 encoded with a fixed dialnorm value and one of the traditional DRC profiles can be selected. At the other end of the adjustable ratio, audio that has been pre-conditioned by applied metadata is then analyzed and DRC gain words for Line Mode and RF Mode are generated per operator selection.

Traditional settings such as attack, release, threshold, AGC range, gate, and freeze can be adjusted very much like a permanent audio processor, but the results are instead included in the AC-3 bit stream along with the encoded audio. This allows for processing that may be more aggressive than the original five profiles. The original audio is delivered to the consumer, and the DRC values will be applied to the audio by default, but can also be bypassed by the viewer if desired.

9.3 Dynamic Range Processing Without Metadata Interface (Irreversible)

In analog AM radio broadcasting, automatic gain control (AGC) systems were created to ensure proper modulation of a broadcast station's carrier frequency. Incorrect modulation could lessen coverage if the average level was too low and could cause interference if the peak level was too high. This was made more difficult by FM systems which employ pre-emphasis to increase the level of high frequencies prior to transmission to minimize noise. Essentially these AGC systems (often termed "modulation controllers") were then controlling the peak to average ratio of program audio and thus controlling dynamic range. Unlike the metadata-based approaches described previously, gain changes are immediately applied to the input signal prior to transmission to consumers, thus the results are deemed irreversible.

The earliest AGC systems were wideband, using a single level detector controlling a single gain element to control the entire audio bandwidth. In the early days of broadcasting, this may have been an acceptable practice because audio bandwidth was restricted and better audio consistency was achieved by skilled operators. However, as audio bandwidth increased and operator intervention decreased, additional techniques had to be developed to maintain control and minimize audible side effects of the AGC process.

A possible artifact of wideband AGC is that the level of one part of the audio spectrum can be affected by another unrelated part of the audio spectrum that has more power. This can be illustrated by imagining an audio signal comprised of a low frequency bass drum and a higher frequency flute. A simple wideband AGC would vary the control signal, and thus the level of all frequencies, in response to the higher energy of the bass drum. This level change might be appropriate for the bass drum, but would cause inappropriate fluctuation in the level of the flute signal, an effect commonly referred to as "pumping" or "breathing." The development of multiband processing systems significantly improves this issue since the input signal is divided into two or more frequency bands and a separate AGC is applied to each of the bands. Multiband systems allow more control with less interaction between different parts of the audio spectrum but can also change the spectral balance of the applied signal.

Additional techniques have evolved to minimize the side effects such as "pumping," overload due to pre-emphasis, and increasing background noise. These include multi-stage processing, look-ahead processing, clipping, and gating. Multi-stage processing involves placing two or more AGC sections of differing speeds in series allowing peaks to be controlled separately from control of average level. Look-ahead processing separates detection and adjustment portions of the AGC

by a delay so that gain changes are applied at precisely the instant required. Clipping is a process where the signal peaks are truncated and may result in audible distortion. Gating prevents very low-level signals and noise from being unnecessarily increased by the AGC and can be used along with thresholds of other stages to create a no-processing null zone. Taken together, all of these techniques go far beyond the original goals of simply protecting against under or over-modulation and in many cases have been used to produce a sound that is very different from the original.

The goal of modern digital television dynamic range control systems is different than its analog predecessors. The elimination of the need for pre-emphasis dramatically reduces the degree of processing necessary. Newer devices may also employ more sophisticated detection schemes based upon or compatible with ITU-R BS.1770 [3]. If the desire is to simply manage loudness with minimal impact on program content, experience has shown that multiple stages of light processing can be very effective while still maintaining much of the program integrity. Additionally, program to interstitial boundary issues can be improved with the use of irreversible dynamic range processing, not part of the AC-3 system⁶.

9.4 Consumer Experience

Viewers may interact with the DRC process within AC-3 bit streams in several ways. Generally, the MVPD set-top box and DTVs with integrated tuner/decoders will default to a specific DRC mode. Usually this will be RF Mode, as these devices either contain RF modulators or feed TVs directly that may only support minimal dynamic range. Often the cost and flexibility of the equipment will determine how many other choices the viewer might have.

Home theatre A/V receivers will often have the most DRC listening choices, but the menus used to navigate these choices may lack consistency and “interoperability” with other products. In this context, interoperability means that terminology used to describe options may differ or conflict with terminology used in other devices. For example, the concept of “wide,” “standard” (or “normal”), and “narrow” are commonly used. In this context, “wide” refers to no DRC being engaged, resulting in the original, wide dynamic range being reproduced. “Standard” engages the profile selected for line mode during encoding. “Narrow” engages the profile selected for RF mode during encoding. As noted earlier, RF mode adds 11 dB of signal boost for loudness matching purposes with legacy analog systems.

10 AUDIO MONITORING SETUP

This section documents the recommended setup of sound systems for digital television, including the alignment of control room monitor systems to a reference sound pressure level corresponding to a particular electrical level, and the equalization of such sound systems. Monitoring conditions for a variety of spaces used for television production and postproduction is shown in Table 10.1.

This section is not intended to replace SMPTE RP 200 [6] for cinema sound monitoring in larger spaces.

This section documents the recommended original setup conditions for monitoring, as well as measurements and adjustments that may be undertaken from time to time for quality control of monitoring for spaces used for television production and quality control. This section is intended for planners, design engineers, installation engineers, maintenance engineers, and users.

A “Quick Reference Guide” for setting monitor levels is provided in Annex D.

6. Manufacturers of devices designed for this purpose should be consulted for more information.

Note: The test signals given in this document are from the TMH Test Disc Series distributed by The Hollywood Edge, and are copyrighted. Free use of the copyright is granted to television and video studios, networks, and post-production houses for alignment purposes. All other rights reserved. The TMH Test Disc Series makes available many other test signals for electrical and acoustical testing.

10.1 Background

As noted in Section 1.1, consumers do not expect large changes in audio loudness from program to interstitials, and from channel to channel. Two level-related features are built into the AC-3 system specified in the ATSC standard: dialogue normalization and dynamic range control. If these are set and used correctly, they go a long way towards achieving the goals of maintaining the artistic integrity of mixes while delivering a dynamic range suitable for the conditions of the consumer. The use of a standardized monitor layout, standard electrical and acoustical reference levels, and reference spectrum response by all program and interstitial providers makes for a common basis in monitoring. Along with the features built into the AC-3 system, practicing the recommendations in this section of the RP should help satisfy the mutual needs of producers and consumers.

A universal observation is that an identical sound pressure level is perceived as louder in small rooms, such as control rooms, than in large rooms such as cinemas. The reference sound pressure level in this document has been tested for interchangeability with SMPTE RP 200 [6] employed in large spaces.

The use of reference conditions for monitoring has been shown to improve interchangeability of program, commercial, and other interstitial mixes and thus is desirable

10.2 Characteristics of Rooms and Spaces

Five categories of sound control rooms and postproduction spaces are defined. They are listed in Table 10.1, which shows the characteristics for each type.

Table 10.1 Categories of Audio Control Rooms Used in Television Production

Category	Characteristics
I	Principal audio monitoring control rooms with specialized acoustics and sound systems. Channel range up to 5.1 (3 front/2 surround/0.1 low frequency enhancement). Well isolated from other operations. Widest frequency and dynamic ranges equal to best home cinemas, properly aligned. This type of room may be used for quality control at the network level, for example checking program material for conformance to delivery requirements when a question arises at ingest stations. Sound monitor quality dominates over production requirements in this category of room. Broadcast organizations might be expected to have only a small number of such rooms.
II	Audio-mostly production spaces with equipment needs and placement supplanting absolute audio monitoring conditions, although audio monitoring is still expected to be good. Channel number equal to highest number used for material originating in the room. Good isolation from other operations. This type of room may be used for program origination, with its output occasionally subject to check in a Category I room. Low-frequency range and headroom may be somewhat restricted compared to a Category I room.
III	Audio editing spaces, premix, and prelay rooms, and other spaces the output of which is typically expected to be integrated into programs in a Category II room or better. If used for final mixing, apply the level and equalization recommended practice herein.
IV	Trucks and booths for program mixing. These spaces have special considerations due to their small room volume, high background noise level, high level of early reflections, and communication needs in a production environment.
V	Headphone monitoring systems recommendations. Used for ingest stations in crowded environments, quality control in machine rooms, and the like.

10.3 Installation

Sound systems should be installed insofar as practical to the recommended practices in the reference documents (see references [12], [14], [16], and [17]) in Type I, II, and IV spaces. Type III spaces should also fulfill the requirements of the recommended practices if they are to be used for final mixing.

Attention is drawn to the requirement for equal distance spacing of the loudspeakers from the primary mix monitoring location, or, if that is impractical, the need to use time delay to make the time of arrival at the mix location constant among the loudspeaker channels. This is necessary due to the very great precision of human hearing in locating phantom images appearing between adjacent pairs of loudspeakers. This requirement applies especially across the front channels, and if the surround loudspeakers are closer than the front loudspeakers to the listening location, they should be delayed.

The reference documents show the expected anechoic frequency response of monitor loudspeakers and systems. In-situ measurements of loudspeakers in control rooms, however, show strong deviations from the anechoic response of the loudspeakers, in particular due to room boundary loading conditions at very low frequencies, with standing wave modal effects through the range typically from about 80 Hz to 500 Hz. For this reason, room equalization is highly desirable to the point of necessity for higher quality spaces. A description of the concerns for equalizing rooms is given as Annex C.

It has been observed that the widest deviation in octave-to-octave balance of broadcast mixes occurs at the frequency extremes, below 100 Hz and above 8 kHz. This probably occurs due to the varying responses of monitor systems in these ranges. For this reason, the operational room response curve given in Figure 10.1 applies to monitoring in Type I spaces. Type II and IV spaces may have somewhat restricted low-frequency range and headroom compared to Type I spaces.

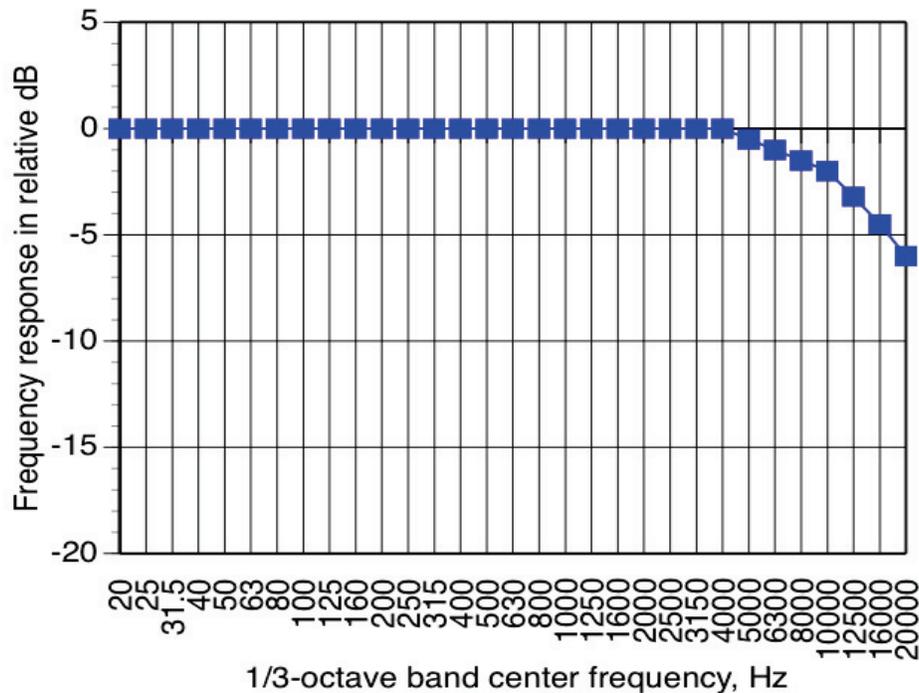


Figure 10.1 Operational room electro-acoustic response curve.

Figure 10.1 is a quasi-steady-state measurement to be made with small, low-diffraction microphone(s) at and around the principal listening position for each main channel (Left, Right, Center, Left Surround, and Right Surround) in turn. Further information is given in Annex C.

Attention is also drawn to the level alignment of the Low Frequency Effects or 0.1 channel. Some confusion occurs due to its requirement to have 10 dB of in band gain compared to the main channels. This does not mean that it should measure 10 dB greater in sound pressure level than the main channels when calibrating. Because the LFE channel's bandwidth is more limited than that of the main channels, its level playing a pink noise source of the correct spectrum and electrical level will be approximately 4 dB greater than one of the main channels.

10.4 Reference Level Calibration

The procedure for calibrating reference sound pressure level varies in level and method across the various categories, with the objective of making programs interchangeable across a range of listening conditions. The steps below should be performed as follows:

Step 1. Perform electrical alignment of the system under calibration using the following test:

- Signal 1. 440 Hz sine wave tone at -20 dB FS recorded on the left channel of this stereo file. Import this into a digital audio workstation and duplicate it for each channel
http://www.atsc.org/refs/a85/440Hz_left_Ch-20dB.wav.
- Use this tone to align the output meters of the equipment in use for -20 dB FS on digital meters. Use a meter with adequate resolution. It is best if the playback device and the console input, channel, and output meters, can all be set to precisely unity gain.

- On analog meters, this level is meant to be set to 0 VU (ANSI C16.5-1942 [26], IEC 60268-17 [27]), to 4 on the scale of 7 of the BBC peak meter (IEC 60268-10/Iia, Iib: 1991 [28]) (although note this meter displays 4 dB/step, so that the maximum calibrated value corresponds to -8 dB FS ; this problem is ameliorated by the fact that the PPM has an attack time of 80 percent reading in 10 ms, much slower than a true peak meter), and to corresponding values for other variant meters.
- See Section 10.5.1 for more information on this test signal.

Step 2. Skip to Step 3 if no sound level meter is available. Perform acoustical level alignment of the system under calibration using the following test:

- Signal 2. 500 Hz – 2 kHz band limited pink noise at -20 dB FS recorded on the left channel of this stereo file. Import it into a digital audio workstation and copy it to each of the Left, Right, Center, Left Surround, and Right Surround channels, one at a time, in turn. Maintain the unity gain structure established with the sine wave tone. See Section 10.5.3 for more information on this test signal.
http://www.atsc.org/refs/a85/MidRngPinkNoise_-20dB.wav
- Ignore console or other electrical meters, as they will read differently on noise than on tone, since the peak level of this stochastic (random) noise source is higher than its RMS level, which in turn is higher than its average level. On peak meters, the range will be around 10 dB higher than the sine wave tone, whereas on a VU meter (which is an average-responding RMS-calibrated instrument) to IEEE C16.5-1954 the level will read about 1 dB low.
- Apply this signal to each channel in turn and adjust the appropriate controls affecting the monitor level only for the standard acoustical level. In any one given installation, the items that could affect monitor acoustical level are the monitor output level control on the console which, it is suggested, be set to a marked standard, any room/loudspeaker equalizer level controls, and any power amplifier gain controls or powered loudspeaker input sensitivity controls. Ordinary issues of headroom and signal-to-noise ratio through a chain of multiple units apply.

The standard acoustical level should be measured using a sound level meter, preferably meeting the standard ANSI S1.4-1983 [29] Type 2, using slow reading (1 s integration time) and C weighting. It should be measured at the position of the center of the head of a listener seated at the main mixing location, with the meter oriented towards the channel under calibration. Note that the body of the person making the measurement should be to one side of the meter, not behind it relative to the source, where the reflection off the body may affect the reading.

The standard acoustical reference level for each category and for various room volumes within the categories is given in Table 10.2.

Table 10.2 Reference Sound Pressure Level

Categories	Room Volume in Cubic Feet	SPL in dB re 20 $\mu\text{N}/\text{m}^2$
I, II	> 20,000	85*
	10,000 < 19,999	82
	5,000 < 9,999	80
	1,500 < 4,999	78
	< 1,499	76
III	Depends on room usage. For editing purposes, may be controlled by the editor for use with the material at hand. For final program mixing, follow the recommendations for categories I, II above.	
IV	< 1,500	76
V		Use 2 cc coupler and set 440 Hz level to 74 dB.
* Per SMPTE RP 200 [6]		

Step 3. Dub (duplicate) the original speech file downloaded (see below) using unity gain into the center or mono channel of the playback device in use. In the case where only two-channel stereo monitoring exists, dub the original speech into left and right channels with an attenuation of -3 dB into each of the channels, and confirm that they are in sync to the sample. Ensure that the signal path is the same as was used in step 1 above, so that this playback encounters the same gain conditions as the tone of step 1 and the noise of step 2. Play the speech, which is recorded with a measured loudness of -24 LKFS, and observe that its level is normal. If no sound level meter is available and you have skipped here from Step 2, confirm that you have performed Step 1 if you have such equipment and adjust this track for the most comfortable listening level.

- This speech recording has been adjusted in level so that it measures -24 LKFS to standard BS.1770 [3].

http://www.atsc.org/refs/a85/Speech_sample.wav

Step 4. If there is a separate subwoofer, feed the low frequency effects channel electrically with the signal below and set the level of the subwoofer for $+4$ dB re the main channels, when measuring with a C weighted slow reading sound level meter.

http://www.atsc.org/refs/a85/LFPinkNoise_-20dB.wav

10.5 Test Signal Details

10.5.1 Definition of 0 dB FS

Uncertainty in measurement of the level of noise with electrical meters has been described previously in Section 10.1. The definition of level in digital audio systems is given in AES17-1998 (R2004) [21], where a full-scale sine wave is defined as 0 dB FS; this definition applies in this document. However, many software programs indicate level on virtual meters by means of a conventional RMS calculation, leading to a full scale sine wave reading -3.01 dB FS, which is incorrect in the context of this document.

10.5.2 440 Hz Sine Wave Tone

http://www.atsc.org/refs/a85/440Hz_left_Ch-20dB.wav

A sine wave tone is the simplest and most widely employed test signal in audio. Typical uses include signal tracing and level setting. A sine wave has two properties useful for testing: first, the level is constant so it can be measured with great accuracy, and second, a mid-frequency sine wave tone does not stress the limits of any system so it passes through unprocessed

The level is -20 dB relative to Full Scale (dB FS).

The 440 Hz frequency was chosen for three reasons: it is in the flattest portion of the equalization frequency response curve of the BS.1770 [3] specification, it is musically relevant as reference “A” on the musical scale, and it is not harmonically related to the various sampling frequencies in use so that all code values within its range are exercised. Use of a tone at a precise tuning frequency helps by being able to identify audibly when there is an error in playback sample rate compared to recorded sample rate.

During the development of this test signal, it was found that producing a test sine wave at precisely -20 dB FS and then adding ± 1 LSB of triangular probability density function white noise dither, as required for a distortion-free test signal, triggered some meters to read one division higher than -20 dB FS, which could result in up to a 2 dB error in units found. Thus the level was adjusted downwards by one bit in amplitude, and the dither added, so that the peak level of the signal is precisely -20 dB FS including dither.

10.5.3 Band-Limited Pink Noise

http://www.atsc.org/refs/a85/MidRngPinkNoise_-20dB.wav

Band limited pink noise is preferred over full band noise for several reasons. At low frequencies, below the Schroeder frequency⁷ in rooms, standing waves have a strong influence on level, and including such frequencies in the band of measurement adds uncertainty. Also, low frequency energy content in a stochastic signal leads to greater level variations vs. time. At higher frequencies, uncertainty in microphone response vs. angle, room response curve, and room absorption lead to less accuracy. On the other hand, narrow band noise or tones are too greatly influenced by loudspeaker response and room acoustics. Thus a band of two octaves centered on 1 kHz has been determined as the most useful for the main channels, while one centered on 40 Hz has been determined as the most useful for the low frequency effects channel.

7. Schroeder, Manfred: “The Schroeder Frequency Revisited,” *JASA*, vol. 99, no. 5, pp. 3240–3241.

A/85, Annex A: Program Loudness

A.1 INTRODUCTION

This Annex provides background to the BS.1770 loudness and true-peak measurement algorithms. A detailed description of the measurement algorithms can be found in [3].

A.2 PROGRAM LOUDNESS

The perceived loudness of an audio signal can be considered in a number of ways. Short-term changes in loudness are a reflection of the continuously changing nature of the audio content. Examples include moment-to-moment changes within a program that convey changes in mood or context. Short-term loudness changes can also occur at the transition from one program to another. Some of these changes can be inherent given that each program may have been created for different purposes. They may also occur if the programs were created following different production practices.

The loudness of an audio signal can also be viewed on a larger scale. In the delivery of programs it is often necessary to obtain a composite loudness value that reflects all of the intermediate short-term loudness changes within that program. This type of information can then be used by the broadcaster to apply a correction to the overall level in an effort to improve the consistency of loudness levels across all programs and at the transition from one program to another. This composite, or long-term, loudness can also be used to compare program elements, whether they represent speech, music or any other type of audio content.

In 2001 the Radiocommunication sector of the International Telecommunication Union (ITU-R) initiated a study to identify an objective measure of the perceived loudness of typical broadcast program material. The study resulted in the adoption of a method to calculate the long-term loudness of an audio signal. This measure is intended for mono, stereo and multichannel signals. Work is ongoing to understand the properties of short-term loudness.

The first phase of the ITU-R study was to develop a subjective test method to examine the perceived loudness of typical monophonic program material. A three-member panel made up of ITU-R Working Party 6P SRG3 members selected 48 test sequences consisting of a wide range of broadcast material and a reference sequence consisting of English female speech was chosen to establish a Target Loudness level. The playback level of the reference sequence was set to 60 dBA SPL. In addition to the use of a single common reference sequence test subjects were encouraged to compare all test sequences to one another. This test approach is similar to [9] where the subject is able to compare various test items to each other within a trial. Each of the test sequences was repeated at two amplitude levels, thus creating a total of 96 monophonic audio sequences for the subjects to match. A total of 97 subjects participated at five different test sites. The results of the subjective tests [10] formed the basis for evaluating the performance of various proposed loudness algorithms or meters.

Seven proponents submitted ten monophonic loudness meters/algorithms for evaluation. In addition to the meters, two additional loudness algorithms were submitted by the evaluation lab to serve as a performance baseline. These two algorithms were simple mean-square calculations: the first used a simple frequency-weighting filter while the second was unweighted. The simple

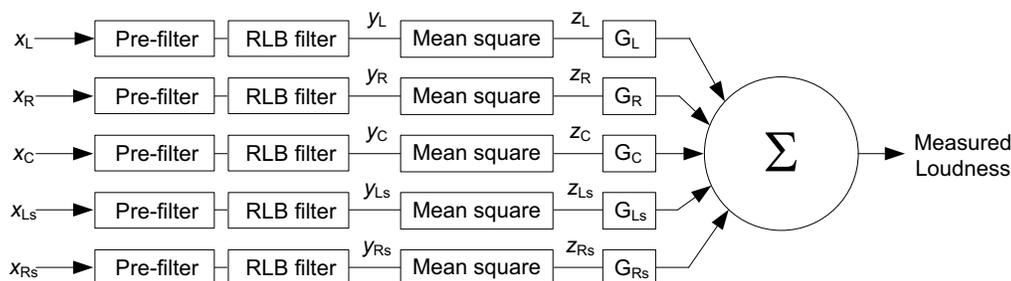


Figure A.1 Block diagram of multichannel loudness algorithm.

weighting filter was a revised low-frequency B-weighting curve (RLB). A comparison of the submitted loudness meters/algorithms with the subjective database revealed that the simple frequency-weighted mean-square algorithm performed the best [11].

To verify the performance of this algorithm, a second subjective database was created from formal subjective tests conducted at one of the test sites. This test had 20 subjects providing a perceived loudness rating to 96 monophonic audio sequences and used the same subjective methodology as the first round of tests. An analysis of the results from this second subjective database confirmed the performance of the simple frequency-weighted averaging algorithm.

In an effort to extend the algorithm to multichannel audio signals a third round of tests was carried out using 144 audio sequences (48 monophonic, 48 stereo and 48 multichannel), with 20 subjects participating. The test used the same subjective methodology as the previous two tests. The reference consisted of English female speech with stereo ambience and low-level background music. The loudspeakers were configured as described in Recommendation ITU-R BS.775 [12]. The results of this third subjective test [13] resulted in the design of the multichannel loudness algorithm shown in Figure A.1.

The loudness of each channel is measured separately and is summed to give the resulting loudness value. In addition to the RLB weighting curve, shown in Figure A.2, a pre-filter is added to account for the effects of the human head and its frequency-response is shown in Figure A.3.

The performance of the algorithm can be illustrated by comparing the subjective impressions of loudness against measured values. This is shown in Figure A.4, where the measured loudness for each of the 240 audio sequences from the three subjective tests is plotted against the subjective loudness. Perfect agreement would result in the points falling on the diagonal line shown in the diagram. In this graph the correlation of subjective assessments to measured values is 0.977.

A.3 TRUE-PEAK

Modern digital audio systems have greatly simplified the manipulation and distribution of audio signals. Peak metering of these signals typically takes the form of displaying the maximum absolute sample value over a given measurement period. This narrow focus on peak sample values has made it easy to overlook the underlying continuous waveform. This can lead to unanticipated audio overloads, inconsistent peak readings, and other hidden problems. True-peak level measurements provide a more accurate description of the audio signal which can be useful in preventing these problems.

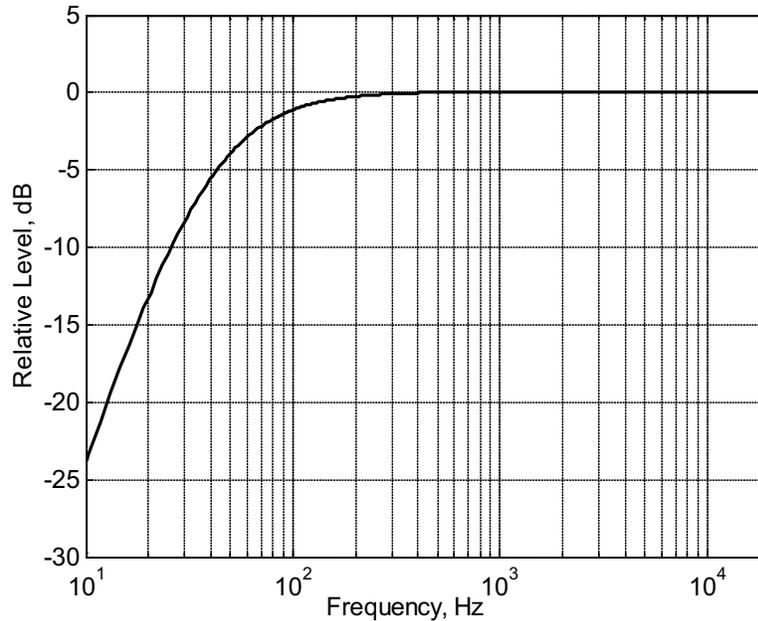


Figure A.2 The RLB weighting curve.

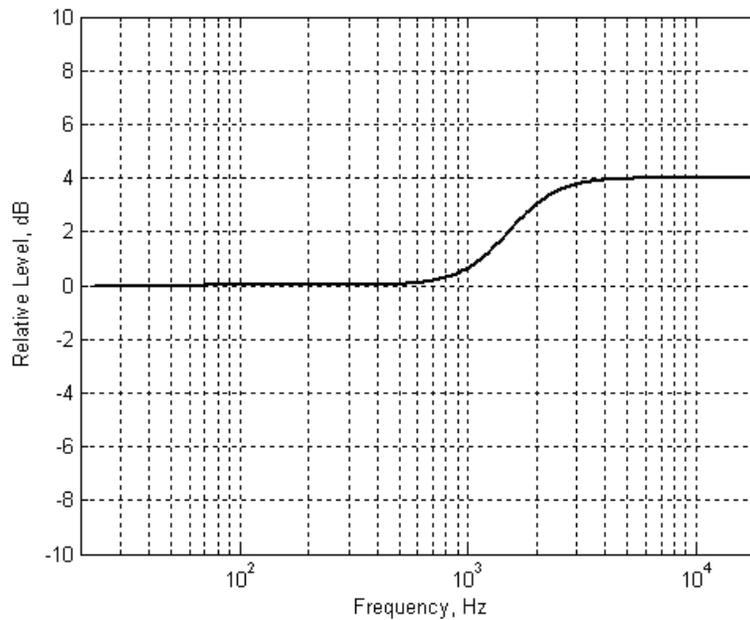


Figure A.3 Pre-filter response used to account for the acoustics effects of the head.

Figure A.5 illustrates the potential for inaccurate readings when using typical sample-peak meters. In this diagram the maximum level of the continuous waveform is higher than the maximum sample value. This under-reporting of the audio level is small at low frequencies but can be significant at higher frequencies or with signals containing sharp transients. Inconsistencies in sample-peak readings can result when the samples do not fall on the same

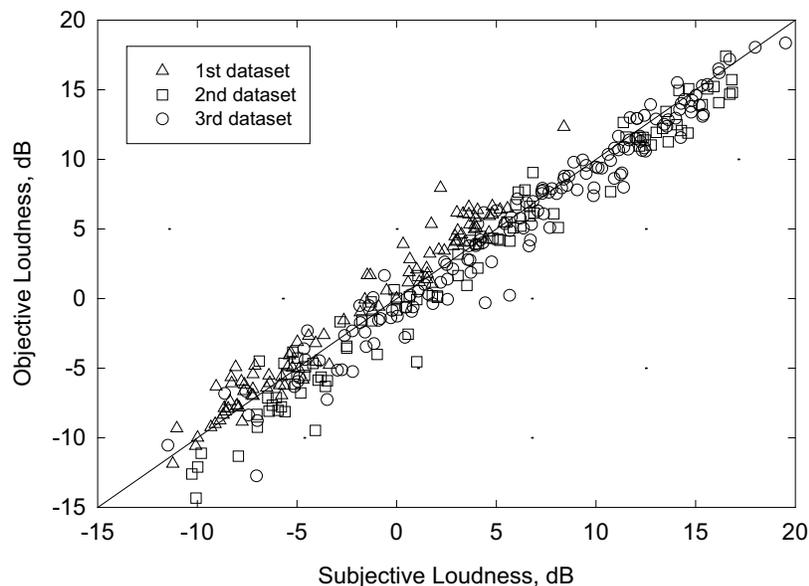


Figure A.4 Combined results for all three datasets ($r = 0.977$).

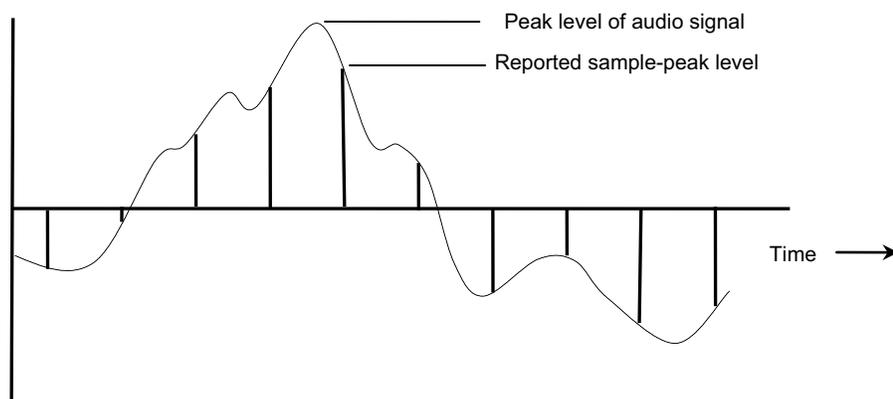


Figure A.5 Continuous-signal peak level versus sample-peak.

locations in the audio signal. As illustrated in the diagram, a small phase shift in the audio signal can result in different sample-peak readings.

Annex 2 of ITU-R BS.1770-1 describes an algorithm for estimating the true-peak level of a linear PCM audio signal. A simplified description of the algorithm is shown in Figure A.6.

Incoming signals are over-sampled to 192 kHz to obtain a more accurate representation of the audio signal. This translates to 4X over-sampling for signals sampled at 48 kHz. Since the potential for under-reporting sample-peak levels is greater at higher frequencies an optional pre-emphasis filter can be added to account for the effect on the highest frequencies in the audio signal caused by anti-aliasing filters in equipment found frequently throughout the broadcast chain.

Audio signals that have a DC component can affect peak levels, increasing or decreasing them depending on the nature of the signal. A second optional element of the true-peak algorithm

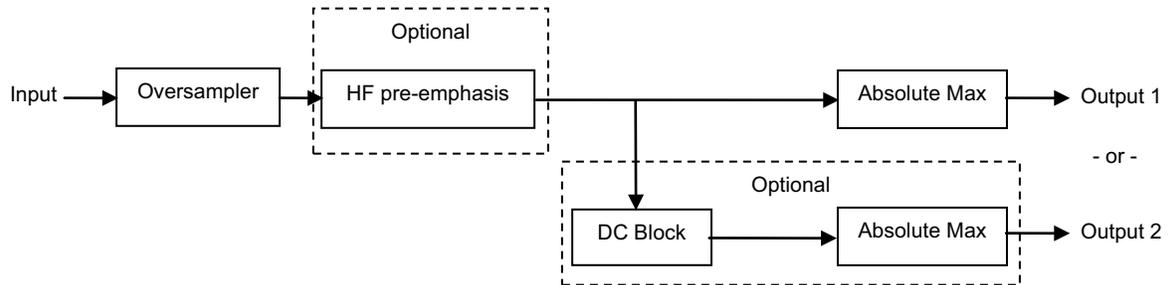


Figure A.6 Basic structure of the ITU-R BS.1770-1 true-peak estimation algorithm.

removes the DC component allowing the operator to assess the levels as they would appear in devices that block the DC.

A/85, Annex B:

Room Acoustics and Loudspeaker Placement

While a full discussion of control room acoustics and loudspeaker placement are beyond the scope of this RP, the quality of control room monitoring can be dramatically improved by following certain basic principles.

Control Low Frequency Room Modes Using Irregular Dimensions and Effective Low-Frequency Absorption

Every room has “modes” determined by the geometry that cause sound to resonate at certain frequencies. Making walls non-parallel does not prevent this. In small rooms used for control monitoring, the resonant lowest frequency is within the audible range and the peaks of resonance are widely spaced. Left uncontrolled, this results in large irregularities in the frequency response, which varies from channel to channel, no matter how good the loudspeakers. Simple equalization is of limited usefulness in resolving this issue because the peaks of resonance are very narrow. Mixing under such conditions is a challenge, as individual notes in a music mix can jump out as sounding far too loud, while adjacent notes do not.

In rooms with few large objects, choose the three dimensions to be unequal, avoiding simple ratios between dimensions by at least ± 5 percent. Always provide low frequency absorption to dampen the room response at resonant frequencies. Low frequencies can only be absorbed by high-quality materials thicker than 2”, at a minimum, or 2” material covering a deeper air cavity. Carpet on floors or walls is of virtually no benefit. Suspended ceilings with high-performance absorptive tile with a 4” layer of backing absorbing material can provide effective low-frequency absorption to dampen room modes in one plane. Deep corner absorption, located at either wall-wall or wall-ceiling boundaries, can also be effective.

Distribute High Quality Absorption and Diffusive Materials Randomly and Avoid Hard Parallel Surfaces

Too much room reverberation makes it difficult to hear the details of a mix. In addition, “ringing” effects, where a series of mid to high frequencies resonate, occur if two hard surfaces are parallel, especially when other room surfaces are absorptive.

To control both effects, distribute 2” high quality absorption randomly on walls and ceilings to eliminate parallel surfaces where opposite areas are reflective. Minimize the use of wall carpet and other thin absorption, which are only useful at very high frequencies. Where surfaces cannot be made absorptive, as in the case of windows, tilting the inner glazing layer can eliminate the parallel surface. Diffusive elements are also useful in producing a space with reasonable but controlled reverberation.

Position Loudspeakers and Absorption to Prevent Discrete Reflections

A flat hard surface behind the mix position creates “comb filter” effects from the main monitor loudspeakers. The nature of the comb filter changes in frequency as the mix engineer moves

forward and back in the room. A similar effect, at higher frequencies, occurs when the loudspeaker direct sound reflects off a large console face. The effect on the mix engineer can mask real comb filter problems in the mix.

Discrete rear-wall reflections should be prevented by a combination of absorption and diffusion on that surface. Consider locating the loudspeakers to prevent console-face reflections from reaching the ears of the mix engineer.

Control Mid-Bass Resonance Through Placement and Equalization

A perfectly “flat” loudspeaker measured anechoically can sound very different in the lower mid-range in installations, depending on its room placement, due to reinforcement and canceling caused by reflections from adjacent reflective surfaces near the loudspeaker.

This effect can be mitigated by avoiding placing loudspeakers equidistant from two walls, by bringing the loudspeakers further from the reflective surfaces or by providing mid-range absorption on the adjacent walls. Since the effects are rather broad, equalization can be very useful in flattening the response.

Chose Loudspeakers with Flat Response and Broad Dispersion

The above measure cannot correct for loudspeakers with an irregular frequency response, or where the response varies dramatically with listening angle. Such loudspeakers cannot be trusted to represent the frequency balance of the final mix.

Choose loudspeakers that sound consistent as you move from on-axis to a position at the fringe of the listening area. Look for evidence that the loudspeaker frequency response is flat across the audio range. Consider the use of a sub-woofer to extend the low-frequency response.

See the references “Audio Monitoring in Contemporary Post-Production Environments” [16], and “Surround Sound: Up and Running” [17] for further information.

A/85, Annex C: **Room Correction**

Room correction is needed in monitoring environments in order to address numerous problems that arise from the interaction of sound from loudspeakers and the room. The negative effects of small room acoustics produce a number of audible artifacts including imaging distortion due to unwanted reflections and frequency response anomalies that are particularly problematic in the low frequency range.

Traditionally, room equalization has been performed with analyzer/equalizer systems that use a single microphone measurement of pink noise and parametric or graphic equalizers. There are severe limitations in the performance of such systems because:

- 1) A single room measurement cannot provide enough information about the low frequency performance in the listening area.
- 2) Pink noise can only measure the magnitude response and does not have any time response information.
- 3) Parametric or graphic equalizers do not provide enough resolution even with 30 bands.
- 4) The IIR filters used in such equalizers can suffer from phase anomalies particularly as they become narrower.

Effective room correction needs to:

- Capture time domain information so that the effects of reflections can be properly accounted for.
- Capture frequency domain information with sufficiently high resolution in the low frequencies to address the typical problems found in small rooms.
- Combine multiple measurements from the listening area to account for low frequency variations due to standing waves.
- Reduce modal ringing.

The requirements for effective room correction can be met by using FIR filters for the equalization solution. However, standard textbook FIR approaches are not sufficient. Frequency-weighting methods are typically employed in the FIR filter design in order to distribute the filter power non-linearly with frequency, thus allocating more correction power to the lower frequencies. Furthermore, simple spatial averaging of multiple measurements is also not sufficient. The spatial distribution of acoustical problems is not uniform and some locations exhibit larger problems than others. A non-linear spatial weighting method also needs to be employed when combining the measurements.

A/85, Annex D:

Quick Reference on Reference Monitor Setup for Television

For postproduction spaces:

1. Copy the first test tone, 1 kHz sine wave at -20 dB FS, to a digital audio workstation, and then copy it into each of the channels to be employed, such as 5.1.
2. Play the file, setting the output level controls of the workstation to unity gain, the console input to unity gain, and the console master level control to unity gain. You may keep the monitor level control low for the time being.
3. Set the level of each channel, in turn, for the sine-wave test level for the meter in use, such as -20 dB FS for digital meters, or 0 VU for VU meters.
4. Copy the second test tone, band-limited pink noise at -20 dB FS, to each channel of the digital audio workstation.
5. Play one channel at a time.
6. Put a sound level meter at the position of the center of the head of the normal position for the operator, pointing it at the loudspeaker channel in use. Keep your body perpendicular to the meter, off to one side, as the level can be affected by a strong reflection off your body.
7. Put the master monitor level control at a standardized, repeatable setting that you will use in mixing.
8. Set the individual channel level controls, such as power amplifier gain controls, or gain controls on powered loudspeakers for the sound pressure level measured C weighted and slow reading shown in Table D.1.

Table D.1 Reference Sound Pressure Level

Categories	Room Volume in Cubic Feet	SPL in dB re 20 μ N/m ²
I, II (Mix rooms)	> 20,000	85*
	10,000 < 19,999	82
	5,000 < 9,999	80
	1,500 < 4,999	78
	< 1,499	76
III (Edit rooms sometimes used for mixing)	Depends on room usage. For editing purposes, may be controlled by the editor for use with the material at hand. For final program mixing, follow the recommendations for categories I, II above.	
IV (Booths, vans)	< 1,500	76
V (Headphones)	Use 2 cc. Coupler and set 400 Hz level to 78 dB.	
* Per SMPTE RP 200 [6]		

First test tone, sine wave:

http://www.atsc.org/refs/a85/440Hz_left_Ch-20dB.wav

Second test tone, band-limited pink noise:

http://www.atsc.org/refs/a85/MidRngPinkNoise_-20dB.wav

Really Quick Reference Guide:

If you can't use the band-limited pink noise to calibrate the monitor levels, the speech sample referred to in Section 10.4 may be used to set the monitor level appropriately. Make sure that the signal path from the device playing back the speech sample to the input to the monitor system is set to unity gain. Edit the mono source file into the single channel for mono playback, into left and right at -3 dB each for stereo playback, and into the center channel of 5.1-channel and other multichannel systems. Play back the speech sample, and adjust the master monitor gain to put the speech at your most comfortable listening level. Since the loudness of the speech sample is -24 LKFS, programs mixed so that the anchor program material such as dialogue matches this level will have approximately the same loudness.

http://www.atsc.org/refs/a85/Speech_sample.wav

A/85, Annex E: Loudness Ranges

The Comfort Zone is the range of loudness within which a listener will accept loudness changes within and between content items. A subjective experiment was undertaken to determine this range, and the other “loudness tolerance” points. The results of the experiment are also shown in Figure E.1.

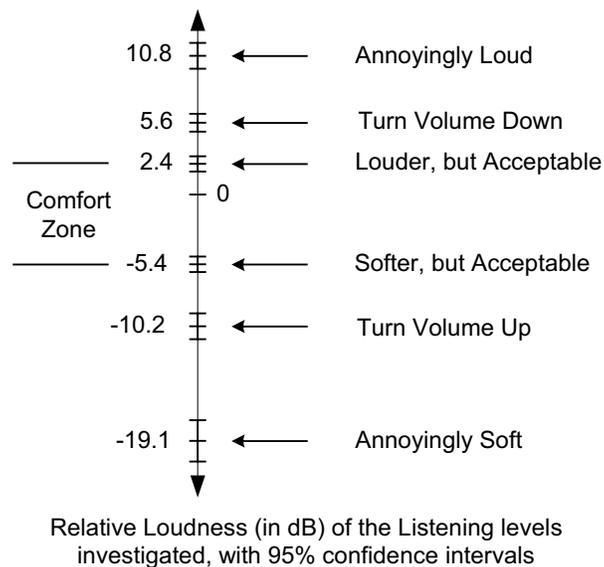


Figure E.1 Critical loudness levels.

The experiment mimicked the transitions between long and short form content within a channel, and changes between channels. Subjects were placed in a typical listening or viewing situation, and asked to switch between samples of long and short form content. They were presented with a total of five different paired, monophonic Reference and Test items, reproduced by a single loudspeaker in front of them.

Subjects were instructed to adjust the master playback level until the Reference item was reproduced at what they considered to be a “comfortable volume,” the zero point in the diagram. The experimenter then asked them to set the Test volume control (“volume” is a more familiar term than loudness to most listeners) to one of the six points shown in the diagram. They could switch at will between the reference and test items as often as they wanted. Once they had settled on the requested loudness difference, the offset was recorded. The questions were asked in random order, and the order of presentation of the pairs of reference and test items was randomized between subjects. The Reference item and Test items were taken from another experiment that provided a library of constant subjective loudness content.

Since the Reference and Test items were known to be equally loud, the gain offset that the subjects applied to the test item in response to the questions from the experimenter were a direct measurement of the subjects' comfort zone and the other critical loudness levels investigated.

It is interesting to note that a gain increase of two to three dB in level is enough to move the subjective loudness of a typical program out of the listener's Comfort Zone, and toward the point at which they would like to turn the volume down. There is more latitude available on the softer side of the "comfortable volume" point (shown here as "0").

The ambient noise level in the listening room used for the tests was quite low; similar to that in a rural living room on a tranquil evening. Since the "Annoyingly Soft" point can reasonably be expected to fall somewhere above the ambient noise level in the listening environment, the figure of -19.1 dB probably depends strongly on the ambient noise level. The other points are far enough above the ambient that their relative distribution should not be affected.

A/85, Annex F:

AC-3 Dynamic Range Control Details

F.1 DRC OVERVIEW

The AC-3 system is not intended to mimic the audio processing used in the current analog TV system. It is instead intended to provide: 1) a consistent dialog loudness between programs, and 2) to allow individual listeners to reduce the dynamic range excursions around this common loudness level if they so desire.

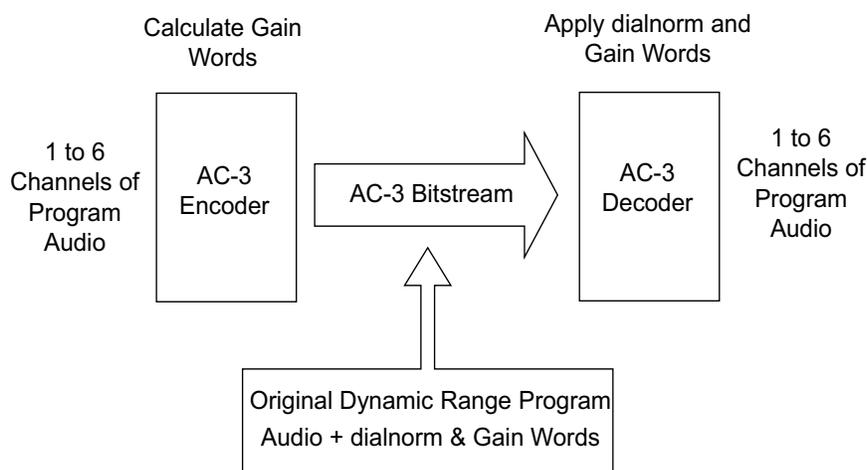


Figure F.1 AC-3 DRC basic concept.

The basic concept of the dynamic range control part of the AC-3 system is to do all the calculation required to reduce the dynamic range of the program to fit the selected dynamic range “profile” in the AC-3 encoder, then to send the original (wide dynamic range) version of the program (content) to the AC-3 decoder along with the dynamic range control (DRC) gain words that describe the gain changes necessary to reduce the dynamic range of the program to fit the selected profile. (See Figure F.1.) The listener then has the option of applying the gain words, or not, depending on their listening requirements. One listener may choose not to apply the gain words, and will hear the original dynamics of the program, while another may choose to listen to the reduced dynamic range. In either case, the loudness of the dialog, or “anchor point,” of all programs will be normalized, regardless of whether the DRC data is applied or not.

The choice of compression “profile” is up to the program producer, as this allows them to make an artistic choice of how the program dynamics are reduced. The AC-3 system can provide independent profiles for two modes (Line mode and RF mode) as explained later.

Wherever decoders are used, there are two main “modes” required. The first, shown in Figure F.2, is as a source of line level signals used to provide the audio for a home theatre or other “hi-fi” application. In this case, usually only a light compression is required, if any is needed at all.

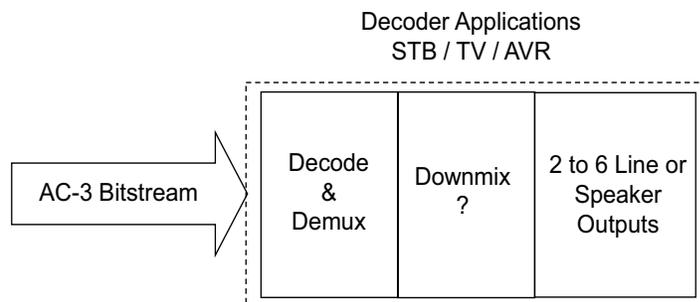


Figure F.2 AC-3 decoder requirements (Line Mode).

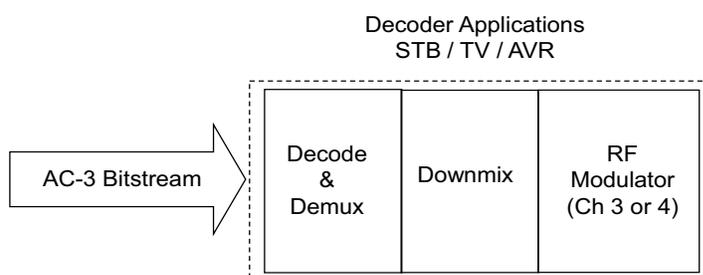


Figure F.3 AC-3 decoder requirements (RF Mode).

The second mode (Figure F.3) is used to drive an RF modulator. In this case, the program will have to be downmixed, and the loudness boosted to provide a reasonable match to the other analog off air signals used by the TV set. The system will also have to provide more dynamic range reduction than in the previous case, due to the boosted program signal level, matching the smaller dynamic range of typical existing processed TV programs, and possibly because of the listening conditions.

F.2 AC-3 DRC METADATA PLACEMENT IN BITSTREAMS

The AC-3 system supplies gain instructions for both types of dynamic range reduction, and also provides limiting in case the level build up inherent in downmixing is enough to produce clipping. The gain words for the so called Line mode shown in Figure F.2 are called “dynrng” words. The gain words for the so called RF mode shown in Figure F.3 are called “compr” words.

The AC-3 bitstream carries both dynrng and compr gain words (as shown in Figure F.4), as well as the limiting gain words when required. AC-3 decoders can apply either RF or Line mode dynamic range control, depending on the listener’s preference (though some CE manufacturers may limit the choice in specific devices).

All the dynamic range control words, including any limiting gain instructions are generated in the AC-3 encoder, sent to the AC-3 decoder and applied in the AC-3 decoder. The transmitted information includes the dialnorm data, which is used to normalize the dialog or “anchor point” loudness of each program as a whole.

The dialnorm and compr gain words are sent to the AC-3 decoder once every 32 ms, while the dynrng gain words are carried at 6 times this rate, or each ~ 5.3 ms.

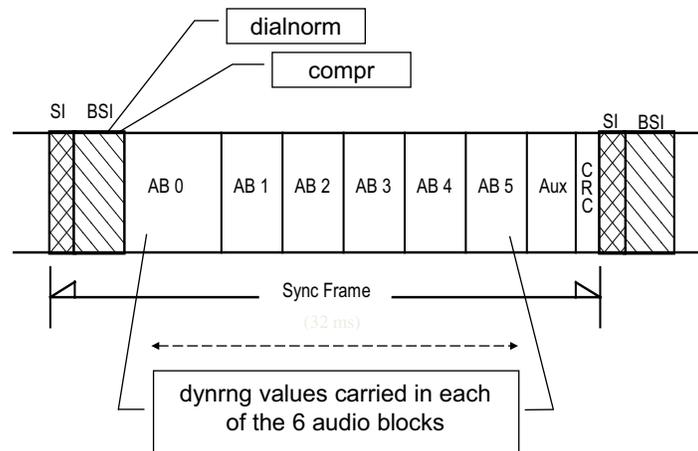


Figure F.4 AC-3 DRC metadata placement in the bitstream.

F.3 CALCULATION OF AC-3 GAIN WORDS

As shown in Figure F.5, the first task is to calculate the normalized loudness and peak levels of the program material (further detail shown in Figure F.6). *acmod* tells the encoder how many channels the program has.

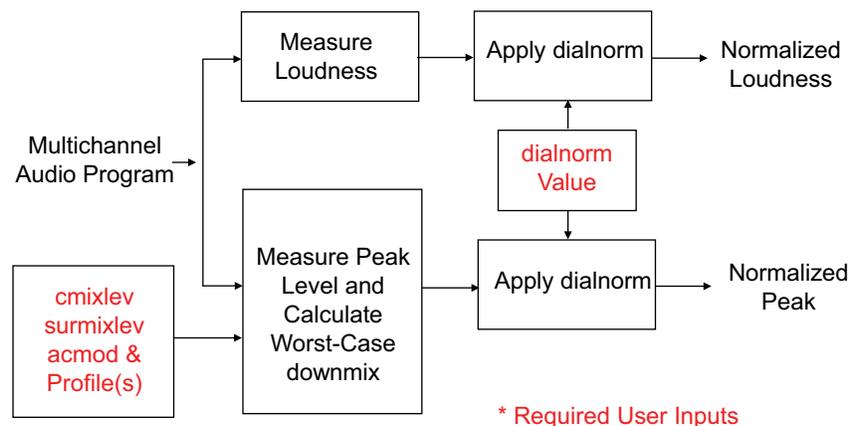


Figure F.5 Calculation of AC-3 gain words by the encoder (part 1).

For the *dynrng* gain words, the loudness is calculated for each 256 samples (Audio Blocks represent 512 samples – 5.3 ms – of audio, but because of the “overlap add” structure of the blocks, the loudness of each audio block is represented by the average of two 256 sample measurements). Loudness values are thus produced every ~ 5.3 ms.

The loudness of each channel is calculated individually, then summed to get the overall loudness of the program. The loudness weighting curve is shown in Figure F.8.

The peak level calculation has to include the center and surround channel downmixing coefficients (*cmixlev* and *surmixlev*) selected (ideally) during the production process. The output of the calculation is the maximum peak level of the worst case downmix condition.

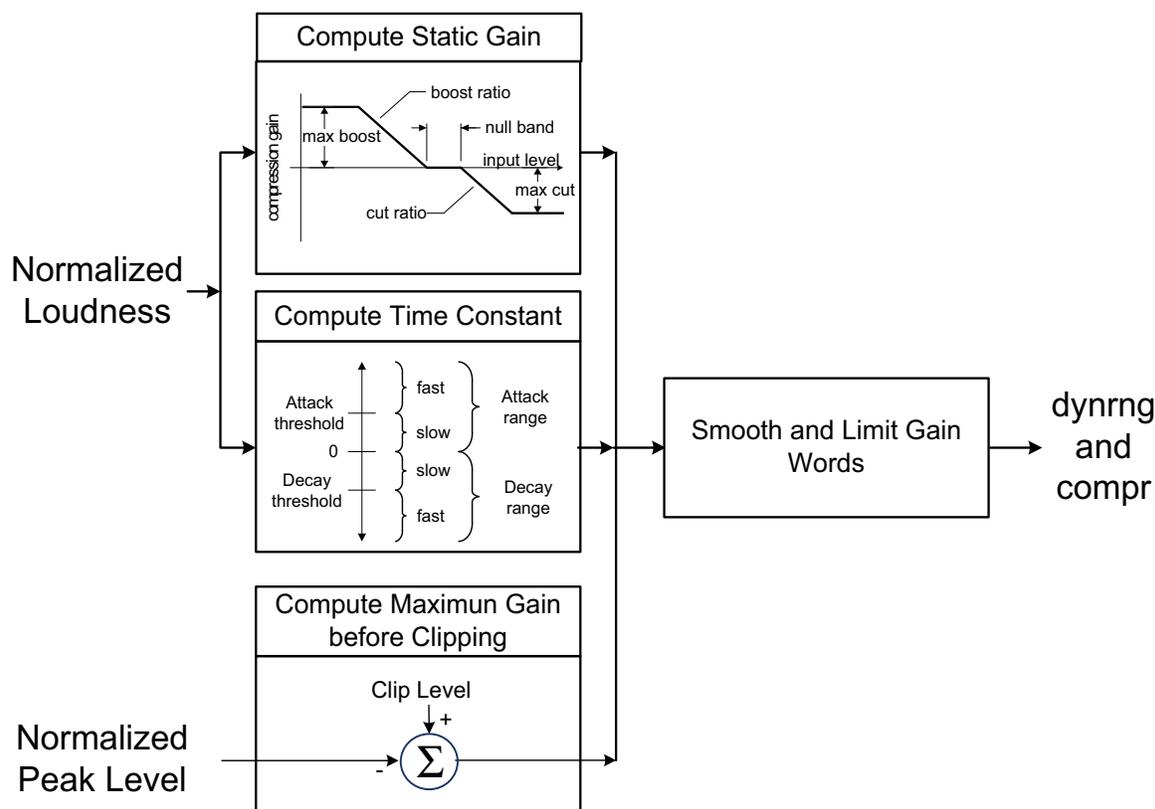


Figure F.6 Calculation of AC-3 gain words by the encoder (part 2).

Loudness and peak values are normalized by the overall program dialnorm value before being passed to the subsequent calculation stages.

The loudness and peak level data used for the “compr” gain word calculations represent these values over an entire AC-3 sync frame (32 ms).

The audio decoder includes an overlap and add, thus even the coarsely timed “compr” gain words are applied smoothly.

The dynamic range control portion of the AC-3 system has to deal with all types of program material, so it includes a method of adjusting the attack and decay time constants that are determined automatically depending upon the program material.

The audio data after loudness normalization is mapped onto the selected DRC profile to generate a static gain value. It is also used to select one of four time constants, depending on whether the input loudness is larger (attack) or smaller (decay) than the smoothed loudness, and by how much.

If the input loudness is larger than the smoothed loudness, and the amount is greater than the attack threshold, then the “fast attack” time constant is selected. This is generally a very fast time constant, designed to provide very quick convergence of the compressor for very loud events.

If the input loudness is larger than the smoothed loudness, but not by more than the attack threshold, then the “slow attack” time constant is selected. This is generally a moderately fast time

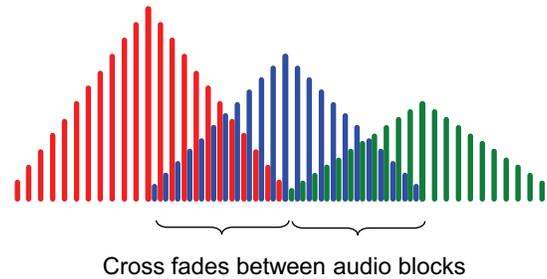


Figure F.7 Gain smoothing by the “overlap and add” process.

constant, designed to provide reasonably quick convergence of the dynamic range controller for moderately loud events.

If the input loudness is smaller than the smoothed loudness, but not by more than the decay threshold, then the “slow decay” time constant is selected. This is generally a very slow time constant, designed to provide slow and therefore inaudible release of the compressor during soft passages.

If the input loudness is smaller than the smoothed loudness, and the amount is greater than the decay threshold, then the “fast decay” time constant is selected. This is generally a moderate time constant, designed to provide a faster release at the end of very loud events.

The other principal part of the DRC data generation process is the peak limiting function. The clip level is known (0 dB FS) thus the difference between that and the normalized peak level of the program is the maximum allowable gain before clipping. If the static gain words call for more gain, the smooth and limit gain block limits the static gain words to the maximum allowable gain. The time constant just computed ensures that the gain changes will not be abrupt enough to cause objectionable artifacts, and are appropriate to the program material.

Note that there are two parallel processes going on; one running at the audio block rate (~ 5.3 ms) generating `dynrng` gain words, and the other running at the sync frame rate (32 ms) generating the `compr` gain words.

This is a very simple idea of how the “overlap and add” transitions between audio blocks happen, and the effect they have on the gain steps (quantized into 0.2 dB steps for `dynrng`, and 0.4 dB steps for `compr`) applied by the dynamic range control system.

The triangular shape shown in Figure F.7 is an approximation (for easy drawing) of the actual windowing function applied to the data.

`dynrng` words apply to an entire group of 512 samples, but each group of 512 samples overlaps the adjacent group by half, so the effect when the sample values are added is a crossfade between groups, which smoothes out any steps between them.

The `compr` words apply to an entire sync frame, but the sync frames also use the overlap add process, smoothing out the `compr` gain steps as well.

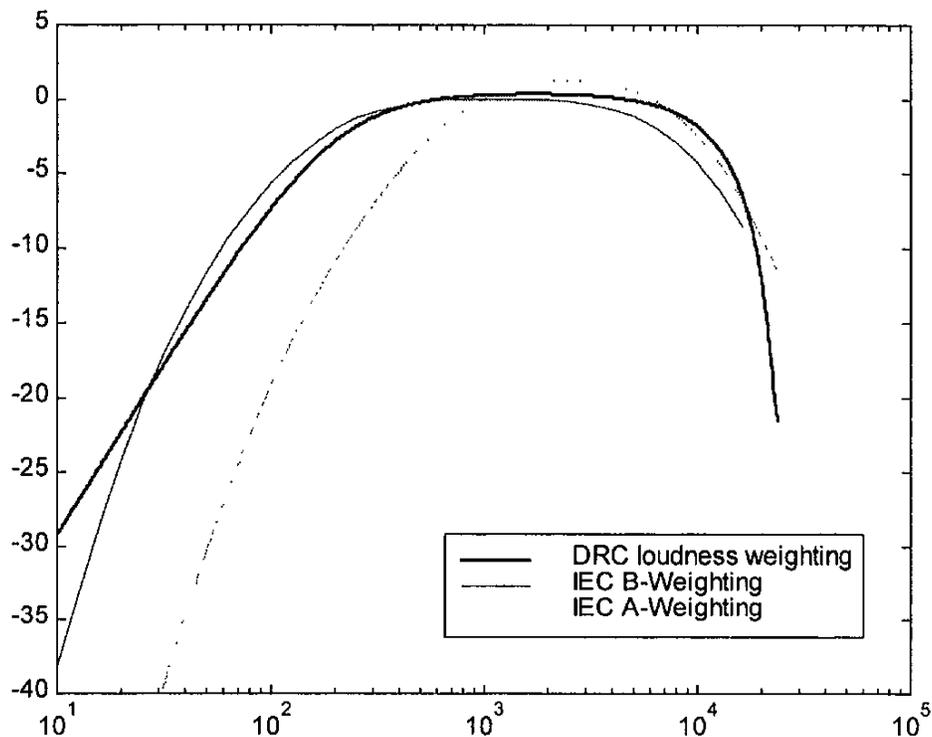


Figure F.8 DRC loudness weighting curve.

F.4 THE DRC LOUDNESS WEIGHTING AND INPUT-OUTPUT CURVES

The DRC weighting curve emphasizes low frequencies more than the B weighting curve, which is normally used to weight “moderate level” (i.e., close to TV listening levels) sounds. (See Figure F.8)

The total loudness of a multichannel source is computed as the sum of the weighted RMS power levels in each channel. Both the weighting and loudness summation predate the ITU loudness measurement, which can be seen as a refinement of this method.

The null zones of Film Standard and Speech are not symmetric around the dialnorm value because with typical program material and the degree of dynamic range reduction desired, the relatively rapid boost zone attack, combined with a slower decay time tends to leave the program in the asymmetric null zone. (See Figure F.9.)

F.5 DRC ENCODER PARAMETERS FOR SETTING METADATA

This section discusses some of the front panel menu choices provided by the Dolby 569 AC-3 encoder. There is a PC-based remote control program for the Dolby 569 that presents all the parameters on a single screen. The Dolby 570 metadata authoring and previewing device has similar front panel menus and a (much easier to use) remote control program as well.

Setup parameters include the following:

Main Setup Menu -> Audio Service -> Channel Mode -> Choose one of 1/0, 2/0, 3/2, etc.

Main Setup Menu -> Audio Service -> Dialog Level -> Set to -1 dB to -31 dB

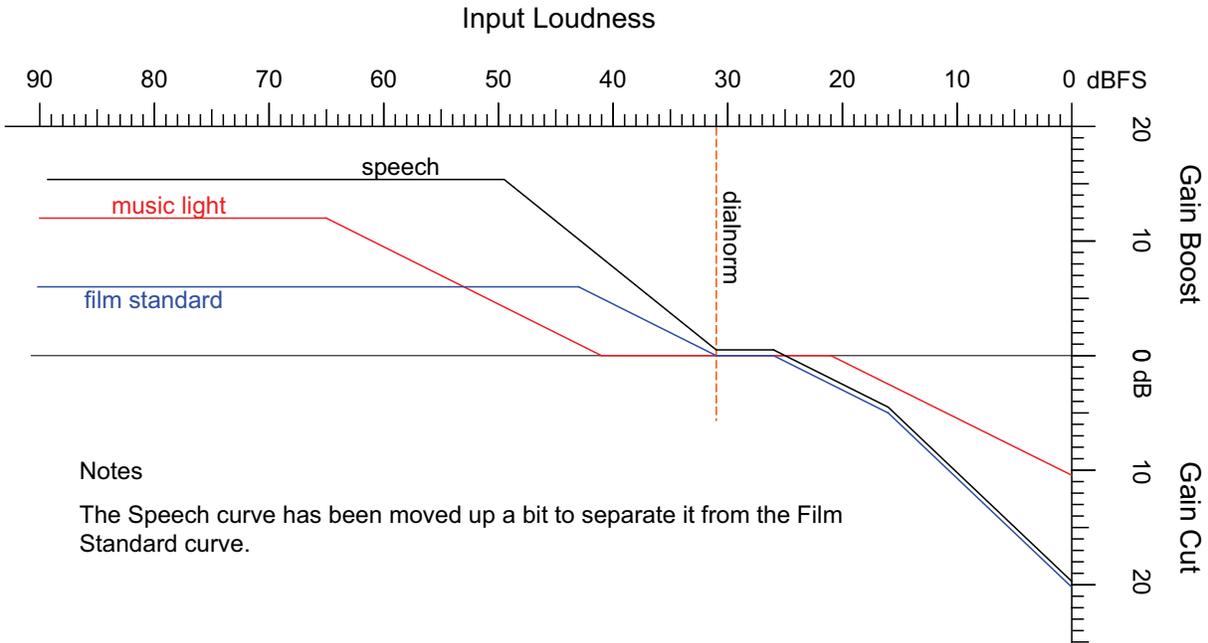


Figure F.9 DRC profiles input/output characteristics.

Main Setup Menu -> BSI Parameters -> Center Downmix level -> Choose one of -3.0 dB , -4.5 dB , -6.0 dB

Main Setup Menu -> BSI Parameters -> Surround Downmix level -> Choose one of -3.0 dB , -4.5 dB , -6.0 dB

Main Setup Menu -> Dynamic Range -> Line Mode -> Choose one of:
Speech, Music Light, Music Standard, Film Light, Film Standard, Disabled

Main Setup Menu -> Dynamic Range -> RF Mode -> Choose one of:
Speech, Music Light, Music Standard, Film Light, Film Standard, Disabled

F.6 DRC CONTROL AVAILABLE AT THE DECODER

Users should note that:

- There is little commonality between the names used by consumer devices for Line, RF, or “Off” DRC modes.
- Typical decoder calls Line Mode “Normal”, RF Mode “Late Night” and no dynamic range compression “Theatre.”
- The individual consumer can typically choose one of these three modes.
- In some (higher end) decoders, the listener can adjust the fraction of the Line or RF mode compression applied.

A/85, Annex G: AC-3 Metadata Parameters

Default values set in some AC-3 encoders may have no correlation to specific operator content, and should not be relied upon. The AC-3 encoder manufacturer should be consulted for guidance.

Tables G.1 through G.4 list key AC-3 metadata parameters.

Table G.1 Critical Control Metadata

Function	Bitstream Variable	Description
Dialogue Level	dialnorm	Controls dialogue normalization.
Channel Mode	acmod	Designates the number and type of active channels.

Table G.2 Basic Control Metadata – Encoder

Function	Description
Bitrate	Encoded bitrate.
RF Overmodulation Protection	When enabled the AC-3 encoder includes pre-emphasis in its calculations for RF Mode compression.
DC Filter	Applies a DC-blocking 3 Hz high-pass filter before AC-3 encoding.
Lowpass Filter	Applies a lowpass filter to the main input channels before AC-3 encoding.
LFE Lowpass Filter	Applies a 120 Hz lowpass filter to LFE channel before AC-3 encoding.
Surround 3 dB Attenuation	Attenuates surround channels 3 dB before encoding.
Surround Phase Shift	Before encoding, creates the phase-shifted surround channels necessary to create an Lt/Rt output in a decoder that can be decoded using Dolby Pro Logic to L, C, R, S.

Table G.3 Basic Control Metadata – Decoder

Function	Description
LFE Channel	Indicates whether LFE channel is present. Available only in channel modes 3/2, 3/1, 3/0, 2/2, and 2/1.
DRC Line Mode Profile	Designates preset Dynamic Range Control (DRC) compression configuration for line-mode decoding.
DRC RF Mode Profile	Designates preset Dynamic Range Control (DRC) compression configuration for RF-mode decoding.
Dolby Surround Mode	Indicates whether a two-channel encoded bitstream contains a Dolby Surround (Lt/Rt) program and requires Dolby Pro Logic decoding.
Dolby Surround EX Mode*	Identifies if audio is encoded as a Dolby Surround EX stream and requires Surround EX decoding.
Preferred Stereo Downmix*	Designates preference for Lt/Rt (Pro Logic encoded) or Lo/Ro (stereo only) downmix.
Center Downmix Level	Designates downmix level for the C channel when end user has no center speaker.
Lt/Rt C Downmix Level*	When the stereo downmix is Lt/Rt, designates downmix level for the C channel when end user has no center speaker.
Lo/Ro C Downmix Level*	When the stereo downmix is Lo/Ro, designates downmix level for the channel when end user has no center speaker.
Surround Downmix Level	Designates downmix level for surround channels when end user has no surround speakers. Note that the 0 (-999 dB) setting discards the surround channels.

Table G.3 Basic Control Metadata – Decoder

Lt/Rt S Downmix Level*	When the stereo downmix is Lt/Rt, designates downmix level for surround channels when end user has no surround speakers.
Lo/Ro S Downmix Level*	When the stereo downmix is Lo/Ro, designates downmix level for surround channels when end user has no surround speakers.
*Extended bit stream parameters. Not supported by all decoders.	

Table G.4 Informational Metadata

Function	Description
Audio Production Info	Indicates whether the Mixing Level and Room Type parameter settings are carried in the bitstream.
Bitstream Mode	Describes the audio service carried in the bitstream.
Copyright	Indicates whether the encoded bitstream is copyright protected.
Mixing Level	Indicates absolute acoustic SPL of main dialogue channel during final mixing session.
Room Type	Indicates size and calibration of the mixing room used for the final mixing session.
Original Bitstream	Indicates whether the encoded AC-3 bitstream is the master version.
A/D Converter Type*	Identifies the setting for type of A/D converter.

A/85, Annex H:

Quick Reference Guide for Station and MVPD Engineers — Audio Loudness Management

H.1 INTRODUCTION

Note: This Quick Reference Guide is based on the ATSC Recommended Practice A/85, “Techniques for Establishing and Maintaining Audio Loudness for Digital Television,” (the “RP”) and its full text is found as Annex H of the RP.

This Quick Reference Guide summarizes the recommendations in the RP and provides guidance to broadcasters and other video program distributors on controlling and maintaining consistent audio loudness of their TV stations and channels.

H.2 SCOPE

This Quick Reference Guide is not intended to replace the complete RP. Its scope is limited to a “how to” guide for television station operators and MVPDs. Readers of this document are encouraged to review the complete RP for more detailed information and the background to this Guide. In the event of a conflict between the Guide and the RP, the RP takes priority over this Quick Reference Guide.

This Quick Reference Guide is based on the use of a fixed metadata system⁸ (see Section 7.3 of the RP).

H.3 DEFINITIONS

Anchor Element – The perceptual loudness reference point or element around which other elements are balanced in producing the final mix of the content, or that a reasonable viewer would focus on when setting the volume control.

BS.1770 – Formally ITU-R BS.1770 [3]. This specifies an algorithm that provides a numerical value indicative of the perceived loudness of the content that is measured. Loudness meters and measurement tools which have implemented the BS.1770 algorithm will report loudness in units of “LKFS”.

Dialog Level – The loudness, in LKFS units, of the Anchor Element⁹.

dialnorm – An AC-3 metadata parameter, numerically equal to the absolute value of the Dialog Level, carried in the AC-3 bit stream. This unsigned 5-bit code indicates how far the average Dialog Level is below 0 LKFS. Valid values are 1 – 31. The value of 0 is reserved. The values

8. Agile metadata is an alternative to using the fixed metadata system approach. See Section 7.5 of the RP for details concerning the agile metadata approach.

9. The term “Dialog Level” is based on dialog’s widespread use as the anchor for mixing of content and historically, it was felt that for most programs, dialog would be the Anchor Element.

of 1 to 31 are interpreted as -1 to -31 . The decoder applies an amount of gain reduction equal to the difference between -31 and the dialnorm value.

LKFS – loudness, K-weighted, relative to full scale, measured with equipment that implements the algorithm specified by ITU-R BS.1770 [3]. A unit of LKFS is equivalent to a decibel.

Target Loudness – A specified value for the Anchor Element (i.e., Dialog Level), established to facilitate content exchange from a supplier to an operator.

H.4 LOUDNESS MANAGEMENT

Key Idea: Goal is to present to the viewer consistent audio loudness across commercials, programs, and channel changes.

H.5 FCC REQUIREMENT

ATSC document A/53 Part 5:2007 [1], which the FCC has incorporated into its Rules by reference, mandates the carriage of dialnorm and correctly set dialnorm values.

Key Idea: Set the station AC-3 encoder's dialnorm to match the loudness of average Dialog Level of the content.

H.6 MEASUREMENT OF CONTENT AS DELIVERED

See Section 5 of the RP.

H.6.1 Long Form Content

A representative section of the content that is dominated by typical dialog (i.e., not shouting or whispering) should be isolated and measured. In the absence of dialog, the loudness of the element of the content that a reasonable viewer would focus on when setting the volume control, should be measured. If neither technique is possible or practical, the loudness of the entire duration of the content should be measured. If the content has significant periods of quiet, see Section 5.2 of the RP.

Key Idea: Measure the long form content loudness when dialog is present. This value is the Dialog Level of the content. The Dialog Level (in units of LKFS) should match the dialnorm value of the AC-3 encoder.

H.6.2 Short Form Content

See Section 5.2.4 of the RP.

Key Idea: Measure the loudness of all audio channels¹⁰ and all elements of the soundtrack integrated over the duration of the short form content. The value of the loudness measurement (in units of LKFS) should match the dialnorm value of the AC-3 encoder.

H.6.3 Newscasts or Other Live Programming

The principle of measuring the loudness of the dialog of the content applies to live productions done in real time as the production progresses.

The intent of loudness measurements made during a live event is to guide the mixer to produce the content at a Loudness that matches the dialnorm setting of the station's AC-3 encoder.

A BS.1770 loudness meter may be helpful when mixing in noisy environments, or when a consistent monitor level cannot be maintained. See Section 5.2.2 of the RP.

Key Idea: Use a BS.1770 meter to help ensure that real-time content loudness matches the dialnorm setting of the AC-3 encoder.

H.6.4 File-Based Content

File-based storage makes it practical to automate the loudness measurement and to adjust the content loudness and/or the dialnorm value (if any) that may have been assigned to the content. See Section 5.2.5 of the RP.

Key Idea: Ensure file based content agrees with the station's dialnorm setting in the AC-3 encoder.

H.7 TARGET LOUDNESS TO FACILITATE PROGRAM EXCHANGE

See Section 6 of the RP.

Target Loudness is a specified value for the Dialog Level established to facilitate content exchange from a supplier to an operator.

For delivery or exchange of content without metadata (and where there is no prior arrangement between the parties regarding loudness), the ATSC specifies a Target Loudness value of -24 LKFS, which serves to establish a common operating level for use with that fixed value of dialnorm. Minor measurement variations of up to approximately ± 2 dB about this value are anticipated, due to measurement uncertainty, and are acceptable. Content loudness should not be targeted to the high or low side of this range.

10. The LFE is not included.

Key Idea: For content without metadata, use the Target Loudness value of -24 LKFS.

H.8 METHODS TO EFFECTIVELY CONTROL PROGRAM-TO-INTERSTITIAL LOUDNESS

Large loudness variation during transitions can be effectively managed by adhering to the following practices:

For operators using a fixed dialnorm system, see Section 7.3 of the RP:

- a) Ensure that all content meets the Target Loudness and that the dialnorm value matches this value.
- b) Employ a file-based scaling device to match Dialog Level of non-conformant content to the target value.
- c) Employ a real-time loudness processing device to match the Dialog Level of non-conformant content to the target value.

Key Idea: Ensure that all program and commercial audio content matches the dialnorm value of the AC-3 encoder. Use a BS.1770 meter to verify the Dialog Level of the audio context.

H.9 AFFILIATE dialnorm SETTING

See Section 7.3.5 of the RP.

An operator (affiliate, station, MVPD, etc.) receiving content that is delivered at a fixed loudness, where there is no gain adjustment or processing after the receiver, should set the value of dialnorm in the operator's AC-3 encoder to match the network originator's specified Dialog Level. If a fixed gain or loss is applied in the signal chain, the AC-3 encoder dialnorm value needs to be offset accordingly from the originator's Dialog Level.

If loudness processing is applied to the originator's audio, the processor's Target Loudness value should match the operator's AC-3 encoder's dialnorm value. See Section 9.3 for additional background on audio processing.

Key Idea: Set the AC-3 encoder's dialnorm value to the originator's Dialog Level (as adjusted).

H.10 TV STATION OR MVPD CONTENT INSERTION

In the case of TV station or MVPD insertion of local commercials or segments, the operator should ensure that the Dialog Level of the local insertion matches the dialnorm setting of the inserted audio stream.

Key Idea: Ensure that the Dialog Level of inserted content matches the dialnorm setting of the inserted audio stream.

If the network originator's feed is decoded to baseband, the loudness of the decoded audio is to be measured and the value of the re-encoder's AC-3 dialnorm value is set to match the measured loudness for the next stage of encoding. In this case either the operator needs to modify the network originator's loudness to match the target value of the operator's system, or the originator's loudness value (as measured) will be used as the dialnorm value in the next stage of AC-3 encoding. At this re-encoding stage the operator needs to also ensure that the other audio metadata parameters are set appropriately.

Key Idea: If the network originator's feed is decoded to baseband, ensure that the measured Dialog Level of the content matches the dialnorm setting of the next stage of AC-3 encoding.

H.11 AC-3 DYNAMIC RANGE CONTROL (DRC)

The AC-3 system includes DRC profiles for "Line mode" and "RF mode." While choosing these parameters may be useful to the operator and viewer for limiting the overall loudness range, DRC should not be relied upon to correct loudness variations between programs, programs and commercials or between TV stations or cable channels and during channel changes. See Section 8.3 and Annex F of the RP.

Key Idea: AC-3 Dynamic Range Control should not be relied upon to mitigate program to commercial or station to station loudness variations.

A/85, Annex I:

Quick Reference Guide for Audio Mixers and Editors Creating Content — Commercials, Promotional Materials, and Programming with Audio Loudness Management

I.1 INTRODUCTION

Note: This Quick Reference Guide is based on the ATSC Recommended Practice A/85, “Techniques Establishing and Maintaining Audio Loudness for Digital Television,” (the “RP”) and its full text is found as Annex I of the RP.

This guide summarizes the recommendations in the RP to provide guidance to audio mixers and editors creating audio for digital television. It promotes a goal of managing audio loudness of content consistent with artistic intent. Content includes commercials, promotional materials (“promos”), and programming. The term “interstitials” applies to both commercials and promos.

I.2 SCOPE

This Quick Reference is not intended to replace the RP. The scope is limited to a “how to” guide for audio mixers and editors involved with the creation of audio for television. The reader of this document is encouraged to read the RP to educate themselves on the details and background to this guideline. In the event of a conflict between the Guide and the RP, the RP takes priority over this Quick Reference Guide¹¹.

I.3 DEFINITIONS

BS.1770 – Formally ITU-R BS.1770 [3]. This specifies an algorithm that provides a numerical value indicative of the perceived loudness of the content that is measured. Loudness meters and measurement tools which have implemented the BS.1770 algorithm will report loudness in units of “LKFS”.

dB TP – decibels, true-peak relative to full-scale (per ITU-R BS.1770 Annex 2 [3])

Dialog Level – The loudness, in LKFS units, of the Anchor Element¹².

dialnorm – An AC-3 metadata parameter, numerically equal to the absolute value of the Dialog Level, carried in the AC-3 bit stream. This unsigned 5-bit code indicates how far the average Dialog Level is below 0 LKFS. Valid values are 1 – 31. The value of 0 is reserved. The values of 1 to 31 are interpreted as –1 to –31. The decoder applies an amount of gain reduction equal to the difference between –31 and the dialnorm value.

11. This Quick Reference Guide is based on the use of a fixed metadata system (see Section 7.3 in the RP). Agile metadata is an alternative to using the fixed metadata system approach. See Section 7.5 of the RP for details concerning the agile metadata approach.

12. The term “Dialog Level” is based on dialog’s widespread use as the anchor for mixing of content and historically, it was felt that for most programs, dialog would be the Anchor Element.

LKFS – loudness, K-weighted, relative to full scale, measured with equipment that implements the algorithm specified by ITU-R BS.1770 [3]. A unit of LKFS is equivalent to a decibel.

Target Loudness – A specified value for the Anchor Element (i.e., Dialog Level), established to facilitate content exchange from a supplier to an operator.

I.4 MONITORING ENVIRONMENT

A correct monitoring environment is critical to satisfactory mix results. Please read the background discussion in Section 10.1 as well as Section 10.2 for a full understanding of this topic.

It is essential that the correct monitor level be used. This level varies with room volume. See Section 10.4 of the RP for additional information and Table 10.2 below:

Table 10.2 Reference Sound Pressure Level

Categories	Room Volume in Cubic Feet	SPL in dB re 20 $\mu\text{N}/\text{m}^2$
I, II	> 20,000	85*
	10,000 < 19,999	82
	5,000 < 9,999	80
	1,500 < 4,999	78
	< 1,499	76
III	Depends on room usage. For editing purposes, may be controlled by the editor for use with the material at hand. For final program mixing, follow the recommendations for categories I, II above.	
IV	< 1,500	76
V		Use 2 cc coupler and set 440 Hz level to 74 dB.
* Per SMPTE RP 200 [6]		

Consult Annex D for a synopsis of mixing room setup and calibration.

Key Idea: Goal is to correctly setup your listening environment once and make sure you are always listening at this level when creating content. This is true even if you must use headphones to monitor.

I.5 ITU-R BS.1770 LEVEL MONITORING

ITU-R BS.1770 provides a new measurement technique for monitoring audio levels. The use of measurement tools which support the BS.1770 measurement methods by all involved in audio production will assist the industry to manage audio loudness of content consistent with artistic intent. The RP has a detailed discussion of BS.1770 and how it works (See Annex A). A shorter discussion of how best to use the technique is found in Section 5.2.

Key Idea: Use BS.1770 compliant measurement tools!

I.6 CONTENT LOUDNESS DURING MIXING

Key Idea: With the monitor level set correctly, always mix relying on your hearing. Use a BS.1770 loudness monitoring tool to confirm what you hear.

I.7 TARGET LOUDNESS FOR CONTENT WITHOUT METADATA

For delivery or exchange of content without metadata¹³, the Target Loudness value should be -24 LKFS. Minor measurement variations of up to approximately ± 2 dB about this value are anticipated, due to measurement uncertainty, and are acceptable. Content loudness should not be targeted to the high or low side of this range. The true-peak level should be kept below -2 dB TP in order to provide headroom to avoid potential clipping due to downstream processing (such as audio coding used in delivery).

Key Idea: When generating content and the program delivery level requirement is unknown or has not been specified, mix Dialog Level to -24 LKFS with true peaks below -2 dB TP.

I.8 FCC REQUIREMENT

ATSC document A/53 Part 5:2007 [1], which the FCC has incorporated into its Rules by reference, mandates the carriage of dialnorm and correctly set dialnorm values.

Key Idea: The station AC-3 encoder's dialnorm will be set to match the loudness of average Dialog Level of the content.

I.9 MEASUREMENT OF POST-PRODUCED CONTENT

See Section 5.2.1 of the RP.

I.9.1 Long Form Content

A representative section of the content that is dominated by typical dialog (i.e., not shouting or whispering) should be isolated and measured either during or after the final mix. In the absence of dialog, the loudness of the element of the content that a reasonable viewer would focus on when setting the volume control, should be measured. If neither technique is possible or practical, the loudness of the entire content should be measured. If the content has significant periods of quiet, see Section 5.2.3 of the RP.

13. or where there is no prior arrangement by the parties regarding loudness.

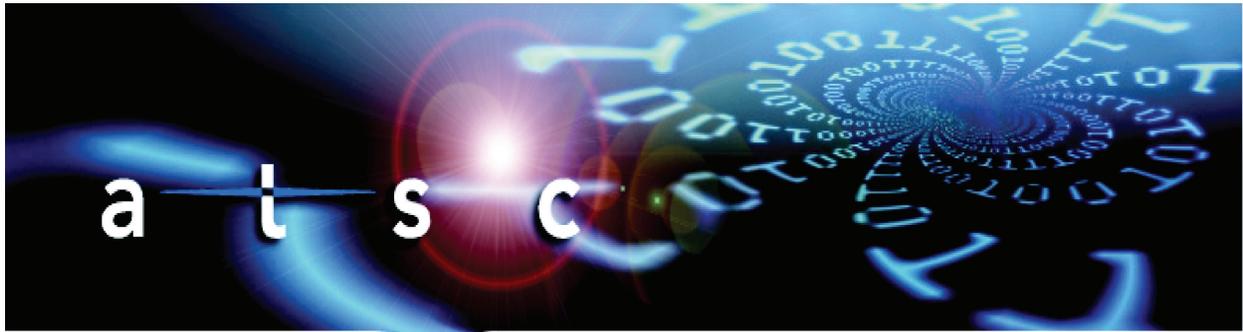
Key Idea: Measure the long form content audio when typical dialog is present and record this value as the Dialog Level of the content.

I.9.2 Short Form Content

See Section 5.2.4 of the RP.

Key Idea: Measure the loudness of all audio channels¹⁴ and all elements of the soundtrack integrated over the duration of the short form content.

14. The LFE is not included.



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